



1
00:00:12,049 --> 00:00:09,259
so dr. long in 2010 you published

2
00:00:14,690 --> 00:00:12,059
evidence of the afterlife the science of

3
00:00:17,420 --> 00:00:14,700
near-death experiences New York Times

4
00:00:19,160 --> 00:00:17,430
bestseller a game-changer really for

5
00:00:21,320 --> 00:00:19,170
science because the evidence you

6
00:00:24,349 --> 00:00:21,330
presented was very straightforward and

7
00:00:25,970 --> 00:00:24,359
very compelling your conclusion by every

8
00:00:29,630 --> 00:00:25,980
way we can look at it consciousness

9
00:00:31,519 --> 00:00:29,640
seems to survive death for these eight

10
00:00:34,340 --> 00:00:31,529
for these people these people who

11
00:00:37,700 --> 00:00:34,350
experience a near-death experience but I

12
00:00:40,130 --> 00:00:37,710
still get emails all the time from

13
00:00:42,889 --> 00:00:40,140

people who don't know that for example

14

00:00:45,020 --> 00:00:42,899

you investigated people who were blind

15

00:00:47,090 --> 00:00:45,030

from birth and the first and only time

16

00:00:49,069 --> 00:00:47,100

they ever regained sight was during a

17

00:00:50,750 --> 00:00:49,079

near-death experience or that you

18

00:00:53,090 --> 00:00:50,760

published a medical survey with

19

00:00:55,069 --> 00:00:53,100

thousands of participants or that when

20

00:00:58,160 --> 00:00:55,079

you asked them to verify their

21

00:01:00,470 --> 00:00:58,170

near-death experience 96 percent of them

22

00:01:04,219 --> 00:01:00,480

went and verified it and were able to

23

00:01:06,980 --> 00:01:04,229

verify that so can we start there can we

24

00:01:09,679 --> 00:01:06,990

recap a little bit about that evidence

25

00:01:11,630 --> 00:01:09,689

that you uncovered and published in that

26

00:01:15,140 --> 00:01:11,640

first book that was I've been collecting

27

00:01:18,800 --> 00:01:15,150

data now for over 17 years all the way

28

00:01:21,490 --> 00:01:18,810

back in 1998 the near-death experience

29

00:01:23,719 --> 00:01:21,500

Research Foundation website came up

30

00:01:26,600 --> 00:01:23,729

immediately from the day it came up we

31

00:01:29,179 --> 00:01:26,610

had a very detailed survey asking the

32

00:01:31,130 --> 00:01:29,189

near-death experiencers it great many

33

00:01:32,749 --> 00:01:31,140

questions so that we could learn not

34

00:01:35,330 --> 00:01:32,759

only from a large number of near-death

35

00:01:37,969 --> 00:01:35,340

experiencers but learn in depth by

36

00:01:40,280 --> 00:01:37,979

drilling down if you will to learn with

37

00:01:41,270 --> 00:01:40,290

many many questions exactly what

38

00:01:44,120 --> 00:01:41,280

happened during their near-death

39

00:01:46,789 --> 00:01:44,130
experience well that was a long time ago

40

00:01:50,389 --> 00:01:46,799
we now have over 4,000 near-death

41

00:01:52,880 --> 00:01:50,399
experiences actually posted on the nber

42

00:01:55,130 --> 00:01:52,890
f dot org website this is by far the

43

00:01:57,469 --> 00:01:55,140
largest near-death experience study that

44

00:01:59,810 --> 00:01:57,479
has ever been conducted that's exciting

45

00:02:02,120 --> 00:01:59,820
and that's important because that allows

46

00:02:04,100 --> 00:02:02,130
us to have more confidence than ever in

47

00:02:06,350 --> 00:02:04,110
these groundbreaking conclusions that

48

00:02:09,760 --> 00:02:06,360
we'll be talking about today great and

49

00:02:12,920 --> 00:02:09,770
let me add to that with a question about

50

00:02:13,880 --> 00:02:12,930
NDE research in this study that you're

51

00:02:16,910 --> 00:02:13,890

talking about

52

00:02:19,730 --> 00:02:16,920

so let's let people know first of all

53

00:02:22,670 --> 00:02:19,740

that you are a full-time radiation

54

00:02:24,380 --> 00:02:22,680

oncologist a cancer doctor you work for

55

00:02:28,150 --> 00:02:24,390

a hospital there in Houma Louisiana

56

00:02:30,800 --> 00:02:28,160

outside of New Orleans but you're also a

57

00:02:33,350 --> 00:02:30,810

scientist and a medical researcher

58

00:02:36,080 --> 00:02:33,360

someone who beyond your full-time job

59

00:02:38,780 --> 00:02:36,090

had an interest in this and was able to

60

00:02:40,550 --> 00:02:38,790

approach it in a scientific way like

61

00:02:41,630 --> 00:02:40,560

true medical research do you want to

62

00:02:42,560 --> 00:02:41,640

talk a little bit about that yeah

63

00:02:44,570 --> 00:02:42,570

absolutely

64

00:02:47,810 --> 00:02:44,580

my medical practice which I practice

65

00:02:50,180 --> 00:02:47,820

full time is radiation oncology which is

66

00:02:52,970 --> 00:02:50,190

the use of radiation to treat cancer I

67

00:02:55,699 --> 00:02:52,980

have a very busy full-time practice here

68

00:02:58,640 --> 00:02:55,709

in Houma Louisiana which is about an

69

00:03:00,530 --> 00:02:58,650

hour outside of New Orleans but in

70

00:03:02,479 --> 00:03:00,540

addition to being exceptionally busy in

71

00:03:04,910 --> 00:03:02,489

my professional practice if you will my

72

00:03:07,640 --> 00:03:04,920

second full-time job is doing that

73

00:03:10,040 --> 00:03:07,650

near-death experience research and I've

74

00:03:12,710 --> 00:03:10,050

been taking that research very very

75

00:03:15,020 --> 00:03:12,720

seriously just like I would professional

76

00:03:17,000 --> 00:03:15,030

medical research that I do my

77

00:03:17,690 --> 00:03:17,010

professional curriculum vitae is seven

78

00:03:20,420 --> 00:03:17,700

pages long

79

00:03:23,000 --> 00:03:20,430

I've done a lot of research over the

80

00:03:25,699 --> 00:03:23,010

years I take it very very seriously and

81

00:03:27,740 --> 00:03:25,709

I understand the things that you need to

82

00:03:29,690 --> 00:03:27,750

think about the meticulousness and the

83

00:03:31,880 --> 00:03:29,700

importance of doing it right so I

84

00:03:34,610 --> 00:03:31,890

brought all that skillset into my

85

00:03:37,720 --> 00:03:34,620

experience on new research that I did on

86

00:03:40,340 --> 00:03:37,730

near-death experience and that led to

87

00:03:41,870 --> 00:03:40,350

what the conclusions I got from the the

88

00:03:44,300 --> 00:03:41,880

evidence it was based on the best

89

00:03:45,800 --> 00:03:44,310

scientific and medical investigative

90

00:03:48,979 --> 00:03:45,810

techniques that we could possibly find

91

00:03:51,020 --> 00:03:48,989

for doing this type of research and the

92

00:03:53,509 --> 00:03:51,030

research that came out of that I thought

93

00:03:55,580 --> 00:03:53,519

was just stunning for example I

94

00:03:57,590 --> 00:03:55,590

mentioned briefly a minute ago that you

95

00:04:00,080 --> 00:03:57,600

found people that were blind from birth

96

00:04:02,570 --> 00:04:00,090

and yet the first and only time they

97

00:04:05,060 --> 00:04:02,580

ever experienced sight was during their

98

00:04:06,920 --> 00:04:05,070

near-death experience you found from a

99

00:04:08,960 --> 00:04:06,930

physician this was really important to

100

00:04:11,569 --> 00:04:08,970

you but you found that people were

101
00:04:13,970 --> 00:04:11,579
having near-death experiences during

102
00:04:17,270 --> 00:04:13,980
anesthesia during heavy anesthesia that

103
00:04:19,789 --> 00:04:17,280
was unexplainable can you recap some of

104
00:04:22,159 --> 00:04:19,799
the most surprising to you as a

105
00:04:23,870 --> 00:04:22,169
physician results that came out of that

106
00:04:25,850 --> 00:04:23,880
initial research that you did and

107
00:04:27,140 --> 00:04:25,860
published in the book evidence of the

108
00:04:28,730 --> 00:04:27,150
after lighter

109
00:04:30,830 --> 00:04:28,740
I think everybody's got their favorite

110
00:04:33,020 --> 00:04:30,840
near-death experience accounts but

111
00:04:36,080 --> 00:04:33,030
perhaps among my most favorite of all

112
00:04:38,450 --> 00:04:36,090
time was Vicki Vicki was born totally

113
00:04:41,330 --> 00:04:38,460

blind and in those born totally blind

114

00:04:43,490 --> 00:04:41,340

vision is unknown and unknowable and you

115

00:04:46,430 --> 00:04:43,500

can't explain vision to somebody born

116

00:04:49,279 --> 00:04:46,440

blind in terms of the remaining four

117

00:04:50,930 --> 00:04:49,289

senses I tried it it's impossible Vicki

118

00:04:52,430 --> 00:04:50,940

was a professional singer and she was

119

00:04:54,740 --> 00:04:52,440

being driven home one day after a

120

00:04:58,189 --> 00:04:54,750

performance and there was a very serious

121

00:05:01,010 --> 00:04:58,199

auto accident so serious indeed that she

122

00:05:03,290 --> 00:05:01,020

nearly died the first time Vicki saw

123

00:05:05,210 --> 00:05:03,300

herself was when she had her near-death

124

00:05:07,189 --> 00:05:05,220

experience her consciousness separated

125

00:05:10,010 --> 00:05:07,199

from her body and from a vantage point

126
00:05:11,659 --> 00:05:10,020
above her body she saw herself laying on

127
00:05:14,240 --> 00:05:11,669
the gurney below she didn't know that

128
00:05:16,580 --> 00:05:14,250
was her she was horrified actually was

129
00:05:19,370 --> 00:05:16,590
her first emotional sense because vision

130
00:05:21,529 --> 00:05:19,380
was so unknown to her for entire life

131
00:05:23,390 --> 00:05:21,539
but was after she calmed down a little

132
00:05:25,790 --> 00:05:23,400
bit and correlated the feel of her long

133
00:05:27,890 --> 00:05:25,800
hair and interestingly she could feel a

134
00:05:29,659 --> 00:05:27,900
ring that a father had given her all her

135
00:05:31,580 --> 00:05:29,669
life and now for the first time in her

136
00:05:33,500 --> 00:05:31,590
life she was seeing it and only when she

137
00:05:35,420 --> 00:05:33,510
correlated with her newfound sense of

138
00:05:38,480 --> 00:05:35,430

vision did she understand that that was

139

00:05:40,430 --> 00:05:38,490

her down there Vicki went on to have an

140

00:05:43,310 --> 00:05:40,440

amazingly detailed highly visual

141

00:05:45,110 --> 00:05:43,320

near-death experience in fact she

142

00:05:46,939 --> 00:05:45,120

described vision in the way many

143

00:05:49,670 --> 00:05:46,949

near-death experiencers do and that's

144

00:05:51,649 --> 00:05:49,680

what's called 360-degree vision that

145

00:05:53,540 --> 00:05:51,659

means she can simultaneously see in

146

00:05:54,409 --> 00:05:53,550

front of her back of her right left and

147

00:05:56,659 --> 00:05:54,419

up and down

148

00:05:59,060 --> 00:05:56,669

technically it's spherical vision and

149

00:06:00,409 --> 00:05:59,070

she was able to simultaneously process

150

00:06:02,270 --> 00:06:00,419

that we've had many many other

151
00:06:04,060 --> 00:06:02,280
near-death experience accounts that

152
00:06:07,070 --> 00:06:04,070
describe that exact same thing

153
00:06:09,140 --> 00:06:07,080
interestingly talking to Vicki later she

154
00:06:11,480 --> 00:06:09,150
assumed everybody on the planet had

155
00:06:13,310 --> 00:06:11,490
spherical vision like she experienced

156
00:06:15,770 --> 00:06:13,320
because remember she'd never known

157
00:06:18,230 --> 00:06:15,780
vision in any other way and to this day

158
00:06:20,570 --> 00:06:18,240
I think she has a hard time grasping how

159
00:06:22,700 --> 00:06:20,580
the rest of us have sort of a pie shaped

160
00:06:25,010 --> 00:06:22,710
visual field and don't really see things

161
00:06:26,930 --> 00:06:25,020
the way she did that one time that one

162
00:06:30,110 --> 00:06:26,940
amazing time during the near-death

163
00:06:34,219 --> 00:06:30,120

experience that she had so great and

164

00:06:37,129 --> 00:06:34,229

let's pack that back into the broader

165

00:06:38,600 --> 00:06:37,139

results that you have because that's one

166

00:06:40,340 --> 00:06:38,610

account and one of the things you'll

167

00:06:42,290 --> 00:06:40,350

hear from people who are

168

00:06:43,910 --> 00:06:42,300

not very open to the near-death

169

00:06:46,090 --> 00:06:43,920

experience science the kind of stuff

170

00:06:49,490 --> 00:06:46,100

that you do is they want to pick apart

171

00:06:52,970 --> 00:06:49,500

cases and say gee that's an anecdote and

172

00:06:54,380 --> 00:06:52,980

and that's just one case what I think

173

00:06:56,090 --> 00:06:54,390

you've done and maybe you want to

174

00:06:58,370 --> 00:06:56,100

explain because you did say you do this

175

00:07:03,260 --> 00:06:58,380

meticulous research you know for a

176
00:07:05,750 --> 00:07:03,270
medical survey you're asking a hundred

177
00:07:07,370 --> 00:07:05,760
and fifty questions you're correlating

178
00:07:08,900 --> 00:07:07,380
there's questions that are duplicate to

179
00:07:10,670 --> 00:07:08,910
see if they answer it the same way

180
00:07:13,040 --> 00:07:10,680
there's other little tricks that you do

181
00:07:15,350 --> 00:07:13,050
you're reviewing it as a as a medical

182
00:07:18,230 --> 00:07:15,360
professional to see if it's real so you

183
00:07:21,320 --> 00:07:18,240
have in these surveys kind of two

184
00:07:24,740 --> 00:07:21,330
aspects of it one data that you can

185
00:07:27,170 --> 00:07:24,750
correlate like a good medical scientist

186
00:07:28,670 --> 00:07:27,180
would and then you have these narrative

187
00:07:32,030 --> 00:07:28,680
descriptions which are super powerful

188
00:07:35,540 --> 00:07:32,040

and important but tell us how you use

189

00:07:38,150 --> 00:07:35,550

both of those tools to kind of come to

190

00:07:40,160 --> 00:07:38,160

your conclusions again being very

191

00:07:41,960 --> 00:07:40,170

meticulous and cautious in my research

192

00:07:44,060 --> 00:07:41,970

one of the first things you have to do

193

00:07:47,540 --> 00:07:44,070

is make sure that the experience is

194

00:07:49,910 --> 00:07:47,550

valid we ask many questions in our 150

195

00:07:52,040 --> 00:07:49,920

question survey in a redundant fashion

196

00:07:53,780 --> 00:07:52,050

that means basically the same question

197

00:07:55,970 --> 00:07:53,790

worded slightly differently at a

198

00:07:57,950 --> 00:07:55,980

different part of the survey that way we

199

00:07:59,720 --> 00:07:57,960

can match up the responses and make sure

200

00:08:02,060 --> 00:07:59,730

that they line up that they're sharing

201
00:08:04,490 --> 00:08:02,070
the same responses to the same basic

202
00:08:06,680 --> 00:08:04,500
question second very important thing

203
00:08:08,840 --> 00:08:06,690
when I review near-death experiences I'm

204
00:08:11,360 --> 00:08:08,850
a physician I've done this now thousands

205
00:08:13,340 --> 00:08:11,370
of times for me it's relatively easy to

206
00:08:14,990 --> 00:08:13,350
see if the life-threatening event that

207
00:08:17,510 --> 00:08:15,000
they described in the medical treatment

208
00:08:20,420 --> 00:08:17,520
they got the subsequent medical recovery

209
00:08:22,190 --> 00:08:20,430
from that close brush with death does

210
00:08:23,360 --> 00:08:22,200
that really add up medically and it's

211
00:08:25,400 --> 00:08:23,370
very easy for me to make that

212
00:08:27,740 --> 00:08:25,410
determination again because as a

213
00:08:29,960 --> 00:08:27,750

physician that's my bread and butter so

214

00:08:31,610 --> 00:08:29,970

those are sort of the reality checks

215

00:08:33,950 --> 00:08:31,620

that we do on each and every near-death

216

00:08:35,839 --> 00:08:33,960

experience to make sure that when we

217

00:08:37,909 --> 00:08:35,849

posted on the website would be use it in

218

00:08:40,459 --> 00:08:37,919

our research we can be crystal clear

219

00:08:42,500 --> 00:08:40,469

from very careful inspection that yes

220

00:08:45,980 --> 00:08:42,510

this is a near-death experience it

221

00:08:48,530 --> 00:08:45,990

really happened so doctor long let me

222

00:08:51,350 --> 00:08:48,540

probe a little bit further about the

223

00:08:53,340 --> 00:08:51,360

types of near-death experience research

224

00:08:54,960 --> 00:08:53,350

that's out there because for the

225

00:08:57,450 --> 00:08:54,970

years I've had a lot of near-death

226
00:08:59,330 --> 00:08:57,460
experience researchers and for example

227
00:09:02,510 --> 00:08:59,340
you know just the other day I

228
00:09:05,550 --> 00:09:02,520
interviewed this guy nice enough guy

229
00:09:07,830 --> 00:09:05,560
University of California he's doing his

230
00:09:10,320 --> 00:09:07,840
post doctoral fellowship he's part of a

231
00:09:12,150 --> 00:09:10,330
team they received four million dollars

232
00:09:15,750 --> 00:09:12,160
and Foundation to study near-death

233
00:09:18,810 --> 00:09:15,760
experiences so I speak to him about his

234
00:09:21,300 --> 00:09:18,820
research turns out he didn't really do

235
00:09:23,790 --> 00:09:21,310
any original research he didn't go into

236
00:09:26,340 --> 00:09:23,800
a hospital into a cardiac arrest ward

237
00:09:28,710 --> 00:09:26,350
and talk to patients there he didn't as

238
00:09:30,990 --> 00:09:28,720

you did develop a hundred and fifty

239

00:09:33,750 --> 00:09:31,000

medical survey and give it to hundreds

240

00:09:36,060 --> 00:09:33,760

of near-death experience researchers yet

241

00:09:38,670 --> 00:09:36,070

he published his results we talked about

242

00:09:40,950 --> 00:09:38,680

his book he concluded that near-death

243

00:09:41,790 --> 00:09:40,960

experiences aren't real in the way that

244

00:09:43,860 --> 00:09:41,800

we're talking about

245

00:09:47,220 --> 00:09:43,870

they don't suggest that consciousness

246

00:09:50,640 --> 00:09:47,230

seems to survive bodily death so I guess

247

00:09:53,040 --> 00:09:50,650

the question is for the average person

248

00:09:54,990 --> 00:09:53,050

who's trying to sort through this idea

249

00:09:58,020 --> 00:09:55,000

of near-death experience science

250

00:10:01,200 --> 00:09:58,030

research how do they sort through it how

251
00:10:04,380 --> 00:10:01,210
do they know what research really holds

252
00:10:07,500 --> 00:10:04,390
up out there the key thing is to know a

253
00:10:09,720 --> 00:10:07,510
few of the consistently seen elements of

254
00:10:12,090 --> 00:10:09,730
near-death experience that are the

255
00:10:14,280 --> 00:10:12,100
strongest evidence for their reality for

256
00:10:16,650 --> 00:10:14,290
example when you're under general

257
00:10:19,380 --> 00:10:16,660
anesthesia it should be impossible to

258
00:10:21,810 --> 00:10:19,390
have a lucid organized remembrance at

259
00:10:23,910 --> 00:10:21,820
that time in fact under anesthesia

260
00:10:25,770 --> 00:10:23,920
you're typically so far under with

261
00:10:27,090 --> 00:10:25,780
general anesthesia they often have to

262
00:10:29,100 --> 00:10:27,100
breathe for you I mean you're literally

263
00:10:32,400 --> 00:10:29,110

brain shut down to the level of the

264

00:10:34,380 --> 00:10:32,410

brainstem and at that point in time some

265

00:10:35,940 --> 00:10:34,390

people have a cardiac arrest their heart

266

00:10:36,750 --> 00:10:35,950

stops and of course that's very well

267

00:10:38,940 --> 00:10:36,760

documented

268

00:10:41,580 --> 00:10:38,950

they monitor people very carefully that

269

00:10:43,410 --> 00:10:41,590

are having general anesthesia so I have

270

00:10:45,510 --> 00:10:43,420

dozens and dozens of near-death

271

00:10:48,030 --> 00:10:45,520

experiences that occurred under general

272

00:10:50,880 --> 00:10:48,040

anesthesia and at this time it should be

273

00:10:53,100 --> 00:10:50,890

if you will doubly impossible to have a

274

00:10:55,260 --> 00:10:53,110

conscious remembrance and yet they do

275

00:10:57,930 --> 00:10:55,270

have near-death experiences at this time

276
00:11:00,120 --> 00:10:57,940
and their typical near-death experiences

277
00:11:01,530 --> 00:11:00,130
they have the same elements and appear

278
00:11:03,360 --> 00:11:01,540
to have them in the same order as

279
00:11:05,880 --> 00:11:03,370
near-death experiences occurring under

280
00:11:07,140 --> 00:11:05,890
all other circumstances and in fact a

281
00:11:09,210 --> 00:11:07,150
critical survey quest

282
00:11:10,800 --> 00:11:09,220
and I asked was what their level of

283
00:11:13,350 --> 00:11:10,810
consciousness and alertness during the

284
00:11:15,150 --> 00:11:13,360
experience was well even under general

285
00:11:17,970 --> 00:11:15,160
anesthetics under those powerful

286
00:11:19,440 --> 00:11:17,980
chemicals to produce sedation if they

287
00:11:21,510 --> 00:11:19,450
had a near-death experience under

288
00:11:23,100 --> 00:11:21,520

general anesthesia their level of

289

00:11:25,320 --> 00:11:23,110

consciousness and alertness was

290

00:11:27,270 --> 00:11:25,330

identical to near-death experience is

291

00:11:29,760 --> 00:11:27,280

occurring under all other circumstances

292

00:11:31,890 --> 00:11:29,770

there's absolutely no way the skeptics

293

00:11:34,350 --> 00:11:31,900

can explain that way it's impossible

294

00:11:36,570 --> 00:11:34,360

that in and of itself is some of the

295

00:11:38,130 --> 00:11:36,580

strongest single line of evidence that

296

00:11:40,470 --> 00:11:38,140

your death experiences have to be

297

00:11:41,940 --> 00:11:40,480

independent of brain functioning there's

298

00:11:44,280 --> 00:11:41,950

simply no way you can be under general

299

00:11:46,190 --> 00:11:44,290

anesthesia and have a highly lucid

300

00:11:49,020 --> 00:11:46,200

organized experience like that and

301
00:11:51,000 --> 00:11:49,030
especially one that's consistently seen

302
00:11:53,550 --> 00:11:51,010
throughout near-death experience

303
00:11:55,650 --> 00:11:53,560
research so that's probably the

304
00:11:57,780 --> 00:11:55,660
strongest line of evidence we have that

305
00:11:59,900 --> 00:11:57,790
the physical brain as we know it simply

306
00:12:02,160 --> 00:11:59,910
cannot produce the near-death experience

307
00:12:03,960 --> 00:12:02,170
okay and I'm going to push that a little

308
00:12:06,090 --> 00:12:03,970
bit further because here's where I was

309
00:12:07,890 --> 00:12:06,100
trying to lead you really because I this

310
00:12:10,620 --> 00:12:07,900
has come up over and over again with me

311
00:12:12,360 --> 00:12:10,630
Jeff I'm not making this up you know it

312
00:12:14,730 --> 00:12:12,370
because you see it out there I mean

313
00:12:17,520 --> 00:12:14,740

here's a book with all these academic

314

00:12:20,520 --> 00:12:17,530

credentials and you dig into it and they

315

00:12:22,560 --> 00:12:20,530

never spoke with the near-death

316

00:12:23,640 --> 00:12:22,570

experience someone who actually had a

317

00:12:26,160 --> 00:12:23,650

near-death experience

318

00:12:28,200 --> 00:12:26,170

Ill I've had this happen over and over

319

00:12:29,820 --> 00:12:28,210

again I can think of three or four in

320

00:12:31,830 --> 00:12:29,830

the last year write to interview them

321

00:12:33,780 --> 00:12:31,840

and I just wanted I just want to scream

322

00:12:36,150 --> 00:12:33,790

and go how is this near-death experience

323

00:12:39,840 --> 00:12:36,160

research there's no people who had a

324

00:12:41,940 --> 00:12:39,850

near-death experience that you know that

325

00:12:43,830 --> 00:12:41,950

is an amazingly good point it is

326

00:12:46,650 --> 00:12:43,840

astounding to me too that we have people

327

00:12:49,530 --> 00:12:46,660

that publish write books write scholarly

328

00:12:51,300 --> 00:12:49,540

papers about near-death experience that

329

00:12:54,030 --> 00:12:51,310

have literally never talked to someone

330

00:12:56,820 --> 00:12:54,040

who had a near-death experience that is

331

00:12:59,670 --> 00:12:56,830

some of the most bizarre research I can

332

00:13:02,130 --> 00:12:59,680

possibly imagine it makes no sense to me

333

00:13:04,770 --> 00:13:02,140

and I'm sure everybody that sees this

334

00:13:06,660 --> 00:13:04,780

video is going to think gosh how is that

335

00:13:08,100 --> 00:13:06,670

even possible how can somebody claim

336

00:13:10,350 --> 00:13:08,110

that they're doing near-death experience

337

00:13:11,450 --> 00:13:10,360

research and never ever even talk to

338

00:13:14,370 --> 00:13:11,460

someone who had a near-death experience

339

00:13:15,780 --> 00:13:14,380

well the answer is you can't if you're

340

00:13:17,520 --> 00:13:15,790

going to investigate near-death

341

00:13:19,530 --> 00:13:17,530

experiences you have to talk to the

342

00:13:20,780 --> 00:13:19,540

near-death experiencers and you have to

343

00:13:22,280 --> 00:13:20,790

understand what happened

344

00:13:24,320 --> 00:13:22,290

during the near-death experience you

345

00:13:26,420 --> 00:13:24,330

have to look at the evidence as I've

346

00:13:28,760 --> 00:13:26,430

published for their lines of evidence

347

00:13:30,440 --> 00:13:28,770

that all converge on the validity that's

348

00:13:32,750 --> 00:13:30,450

what really matters in assessing the

349

00:13:34,910 --> 00:13:32,760

reality of near-death experience not the

350

00:13:36,230 --> 00:13:34,920

hypotheses that these other researchers

351

00:13:38,360 --> 00:13:36,240

generate about how near-death

352

00:13:39,200 --> 00:13:38,370

experiences might occur that's

353

00:13:41,150 --> 00:13:39,210

ridiculous

354

00:13:42,470 --> 00:13:41,160

what really matters is here's what

355

00:13:45,560 --> 00:13:42,480

happens during a near-death experience

356

00:13:48,170 --> 00:13:45,570

here's the evidence for the reality can

357

00:13:49,940 --> 00:13:48,180

you refute that evidence or not and with

358

00:13:51,410 --> 00:13:49,950

regard to the skeptics trying to refute

359

00:13:53,570 --> 00:13:51,420

the evidence for the reality of

360

00:13:55,730 --> 00:13:53,580

near-death experiences they haven't come

361

00:13:58,040 --> 00:13:55,740

close they simply cannot explain away

362

00:14:00,170 --> 00:13:58,050

all of the lines of evidence that for

363

00:14:01,460 --> 00:14:00,180

near-death experience that me and so

364

00:14:04,430 --> 00:14:01,470

many other near-death experience

365

00:14:07,160 --> 00:14:04,440

researchers so consistently see okay so

366

00:14:10,430 --> 00:14:07,170

dr. long now you've written this second

367

00:14:12,410 --> 00:14:10,440

book God and the afterlife and even

368

00:14:15,620 --> 00:14:12,420

though we've covered a lot of your

369

00:14:17,840 --> 00:14:15,630

background here already about your long

370

00:14:19,340 --> 00:14:17,850

time experience with studying near-death

371

00:14:21,200 --> 00:14:19,350

experience research that you're a

372

00:14:24,650 --> 00:14:21,210

physician that you're very careful about

373

00:14:27,680 --> 00:14:24,660

it I got to tell you with that title a

374

00:14:30,470 --> 00:14:27,690

lot of people are going to assume this

375

00:14:33,350 --> 00:14:30,480

is a religious book did you have a

376

00:14:37,550 --> 00:14:33,360

religious agenda in this book with this

377

00:14:40,910 --> 00:14:37,560

book absolutely not my only thought was

378

00:14:42,590 --> 00:14:40,920

I was developing the research behind God

379

00:14:44,600 --> 00:14:42,600

in the afterlife book and the research

380

00:14:46,670 --> 00:14:44,610

there was I just wanted to know the

381

00:14:48,500 --> 00:14:46,680

truth I set out with that commitment

382

00:14:50,150 --> 00:14:48,510

that whatever I was going to find I was

383

00:14:53,120 --> 00:14:50,160

going to publish wherever that path

384

00:14:55,130 --> 00:14:53,130

would go to my somewhat astonishment as

385

00:14:57,200 --> 00:14:55,140

I kept digging into experiences

386

00:14:59,780 --> 00:14:57,210

near-death experiences that were aware

387

00:15:01,490 --> 00:14:59,790

of or encountered god I was amazed once

388

00:15:02,420 --> 00:15:01,500

again at the consistency of what was

389

00:15:05,990 --> 00:15:02,430

being described

390

00:15:07,850 --> 00:15:06,000

I have 277 near-death experiences that

391

00:15:10,310 --> 00:15:07,860

either were aware of or encountered god

392

00:15:12,080 --> 00:15:10,320

it's not a small study so I just really

393

00:15:15,050 --> 00:15:12,090

wanted to publish what I found

394

00:15:17,150 --> 00:15:15,060

there's no religious agenda at at all

395

00:15:18,590 --> 00:15:17,160

with this and in fact if you talk to

396

00:15:20,750 --> 00:15:18,600

people that encounter God and their

397

00:15:23,090 --> 00:15:20,760

near-death experiences it really seems

398

00:15:24,800 --> 00:15:23,100

to be while it's God it doesn't seem to

399

00:15:26,540 --> 00:15:24,810

be related to their prior religious

400

00:15:28,610 --> 00:15:26,550

beliefs at whatever religious belief

401
00:15:30,500 --> 00:15:28,620
they had doesn't seem to affect the

402
00:15:32,870 --> 00:15:30,510
probability of them encountering God or

403
00:15:33,570 --> 00:15:32,880
what will happen when they do encounter

404
00:15:35,610 --> 00:15:33,580
God and there

405
00:15:38,160 --> 00:15:35,620
death experience so as God seems to be

406
00:15:42,630 --> 00:15:38,170
in near death experiences very

407
00:15:44,370 --> 00:15:42,640
independent from religion so one more

408
00:15:47,310 --> 00:15:44,380
point on your background there have you

409
00:15:51,240 --> 00:15:47,320
ever had a NDE has anyone close to you

410
00:15:54,270 --> 00:15:51,250
had an NDE you know why the interest in

411
00:15:56,400 --> 00:15:54,280
this topic sure I've never personally

412
00:15:58,530 --> 00:15:56,410
had a near-death experience and never

413
00:15:59,940 --> 00:15:58,540

thank goodness as anyone close to me had

414

00:16:02,460 --> 00:15:59,950

a near-death experience

415

00:16:04,260 --> 00:16:02,470

I guess my interest began over a quarter

416

00:16:05,280 --> 00:16:04,270

century ago when I was going through the

417

00:16:07,740 --> 00:16:05,290

journal of the American Medical

418

00:16:09,840 --> 00:16:07,750

Association one of the most prestigious

419

00:16:12,270 --> 00:16:09,850

medical journals in the world looking

420

00:16:15,090 --> 00:16:12,280

for a cancer related article quite by

421

00:16:17,940 --> 00:16:15,100

accident I found a article that had in

422

00:16:19,560 --> 00:16:17,950

his title near-death experience I never

423

00:16:21,810 --> 00:16:19,570

heard of that before all my medical

424

00:16:23,340 --> 00:16:21,820

training up to that point had not really

425

00:16:25,500 --> 00:16:23,350

exposed me to the term near-death

426
00:16:27,990 --> 00:16:25,510
experience so I stopped what I was doing

427
00:16:30,090 --> 00:16:28,000
read the article and was immediately

428
00:16:32,670 --> 00:16:30,100
astonished here was the descriptions of

429
00:16:34,560 --> 00:16:32,680
near-death experiences occurring what I

430
00:16:36,180 --> 00:16:34,570
knew medically should be impossible when

431
00:16:38,730 --> 00:16:36,190
they were unconscious here they were

432
00:16:41,280 --> 00:16:38,740
occurring all around the world elements

433
00:16:43,380 --> 00:16:41,290
inconsistent order very consistently

434
00:16:45,690 --> 00:16:43,390
observed among multiple researchers I

435
00:16:47,460 --> 00:16:45,700
realized immediately on reading just

436
00:16:49,710 --> 00:16:47,470
that one article that if near-death

437
00:16:51,690 --> 00:16:49,720
experiences are for real this changes my

438
00:16:53,520 --> 00:16:51,700

view of the universe I mean there's

439

00:16:55,770 --> 00:16:53,530

something going on that I simply didn't

440

00:16:57,780 --> 00:16:55,780

know and I was astounded to think we

441

00:16:59,970 --> 00:16:57,790

might even have evidence so as many

442

00:17:01,860 --> 00:16:59,980

years later after that I set up the

443

00:17:04,710 --> 00:17:01,870

near-death experience Research

444

00:17:06,720 --> 00:17:04,720

Foundation website my goal in doing that

445

00:17:08,970 --> 00:17:06,730

was to learn for myself the original

446

00:17:11,370 --> 00:17:08,980

source of evidence that being people who

447

00:17:13,439 --> 00:17:11,380

actually had near-death experiences to

448

00:17:15,540 --> 00:17:13,449

learn the truth that's what I wanted to

449

00:17:19,320 --> 00:17:15,550

know with the best evidence that I could

450

00:17:21,329 --> 00:17:19,330

find that being near death experiences

451
00:17:23,699 --> 00:17:21,339
and had the courage to share them with

452
00:17:25,860 --> 00:17:23,709
me and turn have me share them with the

453
00:17:28,020 --> 00:17:25,870
world on the website wasn't too long

454
00:17:31,380 --> 00:17:28,030
after I started receiving near-death

455
00:17:34,170 --> 00:17:31,390
experiences all the way back in 1998 I

456
00:17:36,330 --> 00:17:34,180
realized wow no question about it the

457
00:17:37,020 --> 00:17:36,340
consistency is really there this is

458
00:17:39,090 --> 00:17:37,030
amazing

459
00:17:41,640 --> 00:17:39,100
medically I can't explain this

460
00:17:44,970 --> 00:17:41,650
near-death experiences are as best I can

461
00:17:47,400 --> 00:17:44,980
tell in one word real

462
00:17:49,320 --> 00:17:47,410
Jeff I got to ask this question because

463
00:17:51,300 --> 00:17:49,330

I have spoke with a lot of NDE

464

00:17:54,480 --> 00:17:51,310

researchers and most of the ones I've

465

00:17:56,970 --> 00:17:54,490

spoke to tell a very similar story and

466

00:18:00,860 --> 00:17:56,980

they also embedded in that story is kind

467

00:18:03,210 --> 00:18:00,870

of a surprise that other people

468

00:18:05,370 --> 00:18:03,220

professionals who encounter this data

469

00:18:08,910 --> 00:18:05,380

aren't moved in the same way that you

470

00:18:12,120 --> 00:18:08,920

are because come on this is a game

471

00:18:13,920 --> 00:18:12,130

changer for medicine for science for

472

00:18:17,520 --> 00:18:13,930

everything and I think it's a little bit

473

00:18:20,040 --> 00:18:17,530

hard for people to grasp your story in

474

00:18:21,990 --> 00:18:20,050

the sense that well why doesn't every

475

00:18:24,420 --> 00:18:22,000

medical professional that run across

476

00:18:27,060 --> 00:18:24,430

this throw up their hands and say okay I

477

00:18:29,250 --> 00:18:27,070

have to kind of start all over in

478

00:18:30,470 --> 00:18:29,260

looking at this question if you give it

479

00:18:33,540 --> 00:18:30,480

if you give it any thought to that

480

00:18:34,950 --> 00:18:33,550

that's a real good point I think each

481

00:18:37,200 --> 00:18:34,960

and every person on this earth that

482

00:18:39,180 --> 00:18:37,210

sometime or another wonders gosh what

483

00:18:41,640 --> 00:18:39,190

happens when we die medical

484

00:18:43,950 --> 00:18:41,650

professionals like everybody else are

485

00:18:46,740 --> 00:18:43,960

going to say gosh will is death in our

486

00:18:48,090 --> 00:18:46,750

earthly life is at the end and I'm

487

00:18:49,380 --> 00:18:48,100

amazed that more people aren't

488

00:18:51,990 --> 00:18:49,390

interested in that that more people

489

00:18:54,270 --> 00:18:52,000

don't want to look for the evidence it

490

00:18:57,030 --> 00:18:54,280

gives us some idea that answers that

491

00:18:59,250 --> 00:18:57,040

core foundation question that I think is

492

00:19:01,560 --> 00:18:59,260

on the back of our minds for many of us

493

00:19:03,270 --> 00:19:01,570

throughout our entire life it is amazing

494

00:19:04,920 --> 00:19:03,280

to me that there aren't more people

495

00:19:06,630 --> 00:19:04,930

interested in near-death experience

496

00:19:08,670 --> 00:19:06,640

interested in those lines of evidence

497

00:19:10,020 --> 00:19:08,680

that suggests there really is an

498

00:19:12,450 --> 00:19:10,030

afterlife that suggests that

499

00:19:15,750 --> 00:19:12,460

consciousness survives physical bodily

500

00:19:18,240 --> 00:19:15,760

death I am amazed there isn't a flood of

501
00:19:19,770 --> 00:19:18,250
interest from other people in the

502
00:19:21,690 --> 00:19:19,780
medical community the scientific

503
00:19:25,170 --> 00:19:21,700
community and and even more so in the

504
00:19:26,790 --> 00:19:25,180
public at large sharing my fascination

505
00:19:28,590 --> 00:19:26,800
with near-death experiences and

506
00:19:31,140 --> 00:19:28,600
especially some of those profound

507
00:19:33,870 --> 00:19:31,150
messages that we so consistently see in

508
00:19:35,730 --> 00:19:33,880
near-death experiences okay so dr. long

509
00:19:39,390 --> 00:19:35,740
we talked about your first book evidence

510
00:19:41,640 --> 00:19:39,400
the afterlife and that was really a what

511
00:19:43,740 --> 00:19:41,650
book if you will you know what are these

512
00:19:46,170 --> 00:19:43,750
things these strange things that people

513
00:19:47,670 --> 00:19:46,180

report with a brush with death and

514

00:19:48,900 --> 00:19:47,680

they're in the hospital and maybe they

515

00:19:52,830 --> 00:19:48,910

have a cardiac arrest and it's

516

00:19:55,650 --> 00:19:52,840

unexplainable your second book is really

517

00:19:58,350 --> 00:19:55,660

it's builds on that but it takes this

518

00:20:01,290 --> 00:19:58,360

huge step to asking

519

00:20:05,670 --> 00:20:01,300

why the meaning question behind your

520

00:20:08,640 --> 00:20:05,680

death experiences what was it like for

521

00:20:10,380 --> 00:20:08,650

you to take that step were you worried

522

00:20:12,600 --> 00:20:10,390

about taking that step I think as you

523

00:20:14,130 --> 00:20:12,610

just mentioned everyone has that in the

524

00:20:18,180 --> 00:20:14,140

back of their mind they want to know

525

00:20:21,540 --> 00:20:18,190

okay why why why what was it like for

526

00:20:24,600 --> 00:20:21,550

you to even contemplate really tackling

527

00:20:26,730 --> 00:20:24,610

that big question I guess I've been

528

00:20:29,220 --> 00:20:26,740

fascinated with the big questions in

529

00:20:31,770 --> 00:20:29,230

human existence you know is there an

530

00:20:33,300 --> 00:20:31,780

afterlife is there a God what is the

531

00:20:35,520 --> 00:20:33,310

meaning and purpose of our earthly life

532

00:20:37,830 --> 00:20:35,530

so I guess I've thought about that for

533

00:20:39,810 --> 00:20:37,840

years and years and as I kept reading

534

00:20:41,790 --> 00:20:39,820

near-death experiences by the hundreds

535

00:20:43,980 --> 00:20:41,800

and finally the thousands I was

536

00:20:46,260 --> 00:20:43,990

astounded to see answers consistently

537

00:20:48,030 --> 00:20:46,270

being developed across hundreds and

538

00:20:50,580 --> 00:20:48,040

hundreds of near-death experiences all

539

00:20:51,960 --> 00:20:50,590

remarkably consistent so I guess I was

540

00:20:54,210 --> 00:20:51,970

somewhat excited about doing this

541

00:20:55,860 --> 00:20:54,220

research I felt like I was in a

542

00:20:57,510 --> 00:20:55,870

pioneering effort and sort of on a

543

00:20:59,370 --> 00:20:57,520

forefront of potentially some great

544

00:21:01,410 --> 00:20:59,380

knowledge but that was coupled with a

545

00:21:02,970 --> 00:21:01,420

little bit of fear I mean Here I am a

546

00:21:04,980 --> 00:21:02,980

doctor I'm quite prominent in my

547

00:21:08,130 --> 00:21:04,990

community and Homan Here I am talking

548

00:21:10,230 --> 00:21:08,140

about research related to God related to

549

00:21:12,540 --> 00:21:10,240

things it's ordinarily the domain of

550

00:21:15,090 --> 00:21:12,550

religion so I was a little bit concerned

551
00:21:17,940 --> 00:21:15,100
would that be a concern to people would

552
00:21:19,680 --> 00:21:17,950
that be you know a problem with would

553
00:21:22,260 --> 00:21:19,690
people wonder what a doctor's doing

554
00:21:24,810 --> 00:21:22,270
would this be a turf battle as I study

555
00:21:27,540 --> 00:21:24,820
doctor and some of the the big questions

556
00:21:29,820 --> 00:21:27,550
of our earthly existence I'm happy to

557
00:21:32,280 --> 00:21:29,830
say that my concerns were a little bit

558
00:21:34,860 --> 00:21:32,290
overblown people have embraced this book

559
00:21:37,440 --> 00:21:34,870
they love it the feedback has been

560
00:21:39,330 --> 00:21:37,450
unbelievably positive I've spoken at two

561
00:21:41,190 --> 00:21:39,340
different churches a very liberal one in

562
00:21:43,320 --> 00:21:41,200
a very conservative one and they've

563
00:21:45,900 --> 00:21:43,330

invited me back from both churches so

564

00:21:48,330 --> 00:21:45,910

people are fascinated by this kind of

565

00:21:51,540 --> 00:21:48,340

material are fascinated by the evidence

566

00:21:53,670 --> 00:21:51,550

that God exists what they've been taught

567

00:21:55,830 --> 00:21:53,680

to take on faith what they've hoped

568

00:21:58,290 --> 00:21:55,840

would be true now all of a sudden we're

569

00:22:01,320 --> 00:21:58,300

saying hey we consistently observed God

570

00:22:03,780 --> 00:22:01,330

in near-death experiences over 200

571

00:22:05,340 --> 00:22:03,790

near-death experiences all remarkably

572

00:22:07,680 --> 00:22:05,350

similar about what people are

573

00:22:09,420 --> 00:22:07,690

encountering about what people share

574

00:22:11,290 --> 00:22:09,430

about that later and the news is

575

00:22:14,770 --> 00:22:11,300

amazingly good there

576

00:22:17,380 --> 00:22:14,780

back ok let's get to the news in the

577

00:22:19,990 --> 00:22:17,390

book God in the afterlife you asked

578

00:22:23,520 --> 00:22:20,000

during your experience did you encounter

579

00:22:28,060 --> 00:22:23,530

any specific information or awareness

580

00:22:32,280 --> 00:22:28,070

that God or a Supreme Being either does

581

00:22:35,620 --> 00:22:32,290

or does not exist and then you said you

582

00:22:38,350 --> 00:22:35,630

broke it down and said what did they

583

00:22:40,150 --> 00:22:38,360

believe before their experience and what

584

00:22:43,060 --> 00:22:40,160

do they believe currently as they're

585

00:22:45,370 --> 00:22:43,070

answering the survey and the choices you

586

00:22:48,940 --> 00:22:45,380

gave them where God definitely exists

587

00:22:52,450 --> 00:22:48,950

God probably exists I was uncertain if

588

00:22:55,660 --> 00:22:52,460

God exists God probably doesn't exist or

589

00:22:58,180 --> 00:22:55,670

God definitely doesn't exist what did

590

00:23:01,000 --> 00:22:58,190

you find out I was astounded when I

591

00:23:03,370 --> 00:23:01,010

crunched the numbers on that I was

592

00:23:06,100 --> 00:23:03,380

amazed at especially among people that

593

00:23:08,770 --> 00:23:06,110

encountered God the unbelievable shift

594

00:23:11,830 --> 00:23:08,780

from how they would have responded to

595

00:23:12,850 --> 00:23:11,840

their thoughts about reality of God at

596

00:23:15,640 --> 00:23:12,860

the time they had their near-death

597

00:23:17,170 --> 00:23:15,650

experience to later at the time they

598

00:23:19,720 --> 00:23:17,180

were sharing their near-death experience

599

00:23:21,160 --> 00:23:19,730

an average of 20 years later virtually

600

00:23:23,710 --> 00:23:21,170

everybody that had a near-death

601
00:23:26,560 --> 00:23:23,720
experience and encountered God shifted

602
00:23:29,470 --> 00:23:26,570
to believing that God absolutely is real

603
00:23:31,360 --> 00:23:29,480
and it responded to that survey question

604
00:23:33,640 --> 00:23:31,370
as such and that's not a surprise now is

605
00:23:38,290 --> 00:23:33,650
it they were convinced that what they

606
00:23:40,960 --> 00:23:38,300
saw was really God God as it is with

607
00:23:43,030 --> 00:23:40,970
whatever evidence they needed with what

608
00:23:45,040 --> 00:23:43,040
however they wanted to had years to

609
00:23:46,930 --> 00:23:45,050
think about it they had plenty of time

610
00:23:50,410 --> 00:23:46,940
to consider is this really God or it's

611
00:23:52,000 --> 00:23:50,420
really not God and yet by the hundreds

612
00:23:54,310 --> 00:23:52,010
overwhelming majority of near-death

613
00:23:57,070 --> 00:23:54,320

experiencers that encounter God come

614

00:24:00,460 --> 00:23:57,080

away believing hey based on my personal

615

00:24:02,380 --> 00:24:00,470

experience I now know beyond a doubt not

616

00:24:04,050 --> 00:24:02,390

on faith not because somebody told me to

617

00:24:07,210 --> 00:24:04,060

believe this but my own personal

618

00:24:08,980 --> 00:24:07,220

experience that God is real and let's

619

00:24:11,920 --> 00:24:08,990

talk about this Jeff dita

620

00:24:14,680 --> 00:24:11,930

the question was open-ended in a way

621

00:24:17,350 --> 00:24:14,690

that you asked did you experience or

622

00:24:19,570 --> 00:24:17,360

have any awareness of God or a Supreme

623

00:24:21,730 --> 00:24:19,580

Being and then you were asking the

624

00:24:23,530 --> 00:24:21,740

question kind of in the affirmative you

625

00:24:24,470 --> 00:24:23,540

know did you get that information but

626

00:24:26,390 --> 00:24:24,480

you also

627

00:24:29,390 --> 00:24:26,400

look through the narrative responses and

628

00:24:31,580 --> 00:24:29,400

you said did you get any response that

629

00:24:34,070 --> 00:24:31,590

God doesn't exist did you get any

630

00:24:36,890 --> 00:24:34,080

specific information telling you no

631

00:24:39,620 --> 00:24:36,900

there is no such thing as God what was

632

00:24:41,780 --> 00:24:39,630

the answer to that question I considered

633

00:24:43,400 --> 00:24:41,790

it scientifically valid to word the

634

00:24:45,890 --> 00:24:43,410

survey question about whether they

635

00:24:48,350 --> 00:24:45,900

encountered God and a Supreme Being to

636

00:24:50,210 --> 00:24:48,360

ask it in few will a binary fashion in

637

00:24:53,000 --> 00:24:50,220

other words did you get information that

638

00:24:54,950 --> 00:24:53,010

God our Supreme Being does exist or did

639

00:24:57,710 --> 00:24:54,960

you get information that God our Supreme

640

00:24:59,600 --> 00:24:57,720

Being does not exist either one of those

641

00:25:01,789 --> 00:24:59,610

circumstances should have resulted in an

642

00:25:04,190 --> 00:25:01,799

affirmative yes to that question that's

643

00:25:07,130 --> 00:25:04,200

why the narrative response that followed

644

00:25:08,780 --> 00:25:07,140

that that question was so critical you

645

00:25:10,730 --> 00:25:08,790

could read that and find out what

646

00:25:12,380 --> 00:25:10,740

exactly they were thinking out of

647

00:25:14,419 --> 00:25:12,390

hundreds and hundreds of people that

648

00:25:17,120 --> 00:25:14,429

responded to that survey question I

649

00:25:19,400 --> 00:25:17,130

can't think of a single one that said

650

00:25:21,470 --> 00:25:19,410

gee during my near-death experience I

651
00:25:24,799 --> 00:25:21,480
encountered information that God our

652
00:25:26,419 --> 00:25:24,809
Supreme Being does not exist essentially

653
00:25:28,940 --> 00:25:26,429
every single person that checked that

654
00:25:31,520 --> 00:25:28,950
survey question yes was communicating

655
00:25:32,930 --> 00:25:31,530
yes I countered right during my

656
00:25:34,909 --> 00:25:32,940
near-death experience again that's

657
00:25:36,289 --> 00:25:34,919
important not what they believed before

658
00:25:38,270 --> 00:25:36,299
thought below their near-death

659
00:25:39,320 --> 00:25:38,280
experience or what they thought or

660
00:25:41,539 --> 00:25:39,330
learned after their near-death

661
00:25:43,490 --> 00:25:41,549
experience this is information learned

662
00:25:46,520 --> 00:25:43,500
during their near-death experience and

663
00:25:49,280 --> 00:25:46,530

that information over and over again

664

00:25:51,470 --> 00:25:49,290

hundreds of people sharing yes I found

665

00:25:53,659 --> 00:25:51,480

evidence that God exists in my own

666

00:25:56,180 --> 00:25:53,669

near-death experience personal note here

667

00:25:58,730 --> 00:25:56,190

because I think a lot of people are like

668

00:26:01,549 --> 00:25:58,740

me in the way that this love thing is

669

00:26:03,710 --> 00:26:01,559

hard I mean I don't know why it's hard

670

00:26:06,710 --> 00:26:03,720

but especially for guys and the way

671

00:26:09,289 --> 00:26:06,720

we're raised and conditioned so I think

672

00:26:13,190 --> 00:26:09,299

what to emphasize I want to emphasize

673

00:26:17,210 --> 00:26:13,200

your data because some of us need the

674

00:26:20,360 --> 00:26:17,220

data to actually open us up to the

675

00:26:22,640 --> 00:26:20,370

reality of this and take it in more

676
00:26:26,240 --> 00:26:22,650
seriously you have any thoughts on that

677
00:26:28,190 --> 00:26:26,250
yeah as a researcher I'm data driven I

678
00:26:29,930 --> 00:26:28,200
really like to see the evidence behind

679
00:26:32,120 --> 00:26:29,940
it and that has to have data that

680
00:26:35,299 --> 00:26:32,130
underlies it before I really accept it

681
00:26:37,340 --> 00:26:35,309
as being evidence for any particular

682
00:26:37,970 --> 00:26:37,350
point I'm trying to make in my near

683
00:26:40,610 --> 00:26:37,980
death

684
00:26:42,950 --> 00:26:40,620
it's research and so that's why this

685
00:26:45,260 --> 00:26:42,960
evidence about love is so interesting I

686
00:26:47,270 --> 00:26:45,270
mean here we have over 58% of people

687
00:26:49,460 --> 00:26:47,280
that had a near-death experience saying

688
00:26:51,560 --> 00:26:49,470

they encountered specific information or

689

00:26:55,310 --> 00:26:51,570

awareness about love in their near-death

690

00:26:57,710 --> 00:26:55,320

experience very exciting finding very

691

00:27:00,169 --> 00:26:57,720

much tells us that that's a very

692

00:27:02,539 --> 00:27:00,179

critical important common very common

693

00:27:04,340 --> 00:27:02,549

part of a near-death experience that

694

00:27:06,409 --> 00:27:04,350

shockingly people just haven't asked

695

00:27:08,480 --> 00:27:06,419

that much for and yet for the near-death

696

00:27:09,890 --> 00:27:08,490

experiencers themselves very often

697

00:27:11,900 --> 00:27:09,900

they'll share it's among the most

698

00:27:14,990 --> 00:27:11,910

important awareness they have during

699

00:27:17,150 --> 00:27:15,000

their near-death experience Jeff let's

700

00:27:19,640 --> 00:27:17,160

talk about religion because we've

701
00:27:23,060 --> 00:27:19,650
sprinkled some little pieces of that in

702
00:27:26,799 --> 00:27:23,070
here this is not a religious book as a

703
00:27:29,390 --> 00:27:26,809
matter of fact for some religious people

704
00:27:33,440 --> 00:27:29,400
some of the information that you found

705
00:27:36,650 --> 00:27:33,450
will be they'll find very shocking and

706
00:27:39,110 --> 00:27:36,660
in some cases probably unsettling tell

707
00:27:41,840 --> 00:27:39,120
us how you approached the religious

708
00:27:43,789 --> 00:27:41,850
question how you probed it and what you

709
00:27:46,390 --> 00:27:43,799
discovered yeah when I was writing that

710
00:27:49,400 --> 00:27:46,400
book I was very clear that this was

711
00:27:51,409 --> 00:27:49,410
information that that addressed many

712
00:27:53,900 --> 00:27:51,419
peoples diverse religious beliefs

713
00:27:55,460 --> 00:27:53,910

so how was I able to do the research and

714

00:27:57,890 --> 00:27:55,470

then write a book on that one word

715

00:27:59,720 --> 00:27:57,900

courage I was so committed to knowing

716

00:28:02,060 --> 00:27:59,730

the truth about near-death experiences

717

00:28:04,580 --> 00:28:02,070

and so committed to sharing that reality

718

00:28:06,860 --> 00:28:04,590

with the world that I was committed that

719

00:28:09,289 --> 00:28:06,870

whatever I found in my research I was

720

00:28:12,500 --> 00:28:09,299

going to share with the world and that's

721

00:28:14,450 --> 00:28:12,510

exactly what I did and remarkably that

722

00:28:16,220 --> 00:28:14,460

his book has been very well received I

723

00:28:17,150 --> 00:28:16,230

mean that when we talk about God in this

724

00:28:19,460 --> 00:28:17,160

book

725

00:28:21,440 --> 00:28:19,470

the great majority people including huge

726

00:28:23,090 --> 00:28:21,450

talks with huge numbers of people at two

727

00:28:25,940 --> 00:28:23,100

different churches one liberal one

728

00:28:27,950 --> 00:28:25,950

conservative were fascinated they loved

729

00:28:30,950 --> 00:28:27,960

it I mean we had questions going on for

730

00:28:32,870 --> 00:28:30,960

about an hour at both churches God and

731

00:28:34,669 --> 00:28:32,880

near-death experiences the concepts of

732

00:28:37,400 --> 00:28:34,679

love some of the spiritual information

733

00:28:40,250 --> 00:28:37,410

in near-death experiences seems to

734

00:28:42,080 --> 00:28:40,260

really touch a chord with everybody

735

00:28:44,600 --> 00:28:42,090

whatever their prior religious belief

736

00:28:46,070 --> 00:28:44,610

would be I think now more than ever

737

00:28:47,990 --> 00:28:46,080

people are open to that they're

738

00:28:49,789 --> 00:28:48,000

interested in that and I think they're

739

00:28:51,529 --> 00:28:49,799

especially interested when the news is

740

00:28:54,349 --> 00:28:51,539

so profoundly good

741

00:28:56,930 --> 00:28:54,359

I discovered in my research well let's

742

00:28:59,719 --> 00:28:56,940

be clear because one of the conclusions

743

00:29:03,320 --> 00:28:59,729

from the book over and over again is

744

00:29:07,399 --> 00:29:03,330

that these experiences may be spiritual

745

00:29:10,399 --> 00:29:07,409

but they don't seem to be religious and

746

00:29:13,099 --> 00:29:10,409

you probe that question by looking at

747

00:29:16,759 --> 00:29:13,109

people's religious beliefs both before

748

00:29:18,859 --> 00:29:16,769

and after the experience and looking at

749

00:29:21,859 --> 00:29:18,869

whether their specific religious beliefs

750

00:29:25,989 --> 00:29:21,869

changed or whether their general sense

751
00:29:29,719 --> 00:29:25,999
of spirituality and connection with God

752
00:29:31,729 --> 00:29:29,729
changed tell us what you found out yeah

753
00:29:33,469 --> 00:29:31,739
people that have a near-death experience

754
00:29:35,810 --> 00:29:33,479
and especially those that encounter God

755
00:29:38,389 --> 00:29:35,820
may change their religion or they may

756
00:29:39,619 --> 00:29:38,399
not it's about a 50/50 what's really

757
00:29:41,659 --> 00:29:39,629
interesting and I think the take-home

758
00:29:44,450 --> 00:29:41,669
message is even for those people whose

759
00:29:45,950 --> 00:29:44,460
first-hand personal experience in their

760
00:29:48,440 --> 00:29:45,960
near-death experience was an encounter

761
00:29:50,659 --> 00:29:48,450
with God about half of them find

762
00:29:53,629 --> 00:29:50,669
complete comfort and security in the

763
00:29:55,810 --> 00:29:53,639

religion that they had the religion if

764

00:29:58,099 --> 00:29:55,820

you will the issues that I'm finding God

765

00:30:00,799 --> 00:29:58,109

the afterlife and some of the other

766

00:30:03,729 --> 00:30:00,809

findings in my book remarkably seem to

767

00:30:06,109 --> 00:30:03,739

fit in very well to a huge diverse

768

00:30:08,029 --> 00:30:06,119

religious beliefs in fact we asked

769

00:30:09,229 --> 00:30:08,039

specifically what's your religious

770

00:30:10,940 --> 00:30:09,239

belief at the time you had your

771

00:30:13,609 --> 00:30:10,950

near-death experience at the time you

772

00:30:15,469 --> 00:30:13,619

shared it about 20 years later liberal

773

00:30:18,139 --> 00:30:15,479

moderate or conservative fundamentalist

774

00:30:20,570 --> 00:30:18,149

and we have huge numbers of near-death

775

00:30:23,269 --> 00:30:20,580

experiencers in all three categories so

776

00:30:25,299 --> 00:30:23,279

it doesn't seem to be what specific

777

00:30:27,349 --> 00:30:25,309

religion you are it just seems to be

778

00:30:29,330 --> 00:30:27,359

near-death experiencers have this

779

00:30:31,580 --> 00:30:29,340

awareness and they seem to be able to

780

00:30:33,409 --> 00:30:31,590

find a place of worship that's

781

00:30:34,969 --> 00:30:33,419

comfortable with their beliefs that are

782

00:30:38,599 --> 00:30:34,979

often heavily influenced by their

783

00:30:40,489 --> 00:30:38,609

near-death experience all across the

784

00:30:42,619 --> 00:30:40,499

audio throughout seemingly throughout

785

00:30:44,089 --> 00:30:42,629

the entire world and across a whole

786

00:30:46,009 --> 00:30:44,099

breadth of different religious

787

00:30:49,279 --> 00:30:46,019

backgrounds including even non-western

788

00:30:51,560 --> 00:30:49,289

religious beliefs one of the stats that

789

00:30:54,739 --> 00:30:51,570

really jumped out to me from the

790

00:30:56,680 --> 00:30:54,749

religions section is the number of

791

00:31:00,950 --> 00:30:56,690

people who have a near-death experience

792

00:31:03,120 --> 00:31:00,960

and their sense of the importance of

793

00:31:05,430 --> 00:31:03,130

spirituality in their life

794

00:31:07,620 --> 00:31:05,440

the number of people for which that goes

795

00:31:10,250 --> 00:31:07,630

down right so I had a near-death

796

00:31:14,400 --> 00:31:10,260

experience and you asked the question is

797

00:31:17,279 --> 00:31:14,410

this spiritual stuff important to you in

798

00:31:20,310 --> 00:31:17,289

your life and some people said it went

799

00:31:22,260 --> 00:31:20,320

down but it was a very very very small

800

00:31:25,380 --> 00:31:22,270

number of people who said that and

801
00:31:28,070 --> 00:31:25,390
almost everyone said no that's one thing

802
00:31:31,320 --> 00:31:28,080
I'm sure of the importance of this is

803
00:31:32,850 --> 00:31:31,330
definitely increased after my dear death

804
00:31:36,149 --> 00:31:32,860
experience do you want to speak to that

805
00:31:38,190 --> 00:31:36,159
yeah we asked a survey question directly

806
00:31:40,919 --> 00:31:38,200
that asks about the importance of their

807
00:31:43,620 --> 00:31:40,929
religious or spiritual beliefs and how

808
00:31:46,350 --> 00:31:43,630
they live it in their lives and they was

809
00:31:48,060 --> 00:31:46,360
two questions for that one what was your

810
00:31:49,440 --> 00:31:48,070
importance to you of your religious

811
00:31:51,690 --> 00:31:49,450
spiritual belief when you had your

812
00:31:54,600 --> 00:31:51,700
near-death experience and what about

813
00:31:55,830 --> 00:31:54,610

your religious spiritual belief and how

814

00:31:57,570 --> 00:31:55,840

important is that to your life now

815

00:31:59,240 --> 00:31:57,580

twenty years later right when they're

816

00:32:01,740 --> 00:31:59,250

sharing their near-death experience a

817

00:32:04,020 --> 00:32:01,750

mammoth increase in the percentage of

818

00:32:05,880 --> 00:32:04,030

people after their near-death experience

819

00:32:08,610 --> 00:32:05,890

believing that their religious spiritual

820

00:32:10,799 --> 00:32:08,620

life is much more important to them than

821

00:32:12,450 --> 00:32:10,809

it ever was before they're thinking

822

00:32:14,820 --> 00:32:12,460

about it more it's more important it

823

00:32:17,580 --> 00:32:14,830

seems to be a factor in their life it

824

00:32:20,549 --> 00:32:17,590

seems to help affect them make decisions

825

00:32:22,560 --> 00:32:20,559

in their life much much more than it was

826

00:32:25,049 --> 00:32:22,570

earlier in their life before they had

827

00:32:27,240 --> 00:32:25,059

their near-death experience and I think

828

00:32:29,909 --> 00:32:27,250

there's a tandem question that goes with

829

00:32:31,890 --> 00:32:29,919

this from your survey that in a way is

830

00:32:35,090 --> 00:32:31,900

so stunning that it's almost easy to

831

00:32:38,010 --> 00:32:35,100

gloss over and you asked people who

832

00:32:40,320 --> 00:32:38,020

experienced God or some kind of Supreme

833

00:32:43,560 --> 00:32:40,330

Being or just that sense that this is

834

00:32:46,520 --> 00:32:43,570

the big the big thing out there you

835

00:32:49,529 --> 00:32:46,530

asked him about the reality of that

836

00:32:52,350 --> 00:32:49,539

experience and the stat that you got

837

00:32:55,049 --> 00:32:52,360

back I thought was stunning ninety six

838

00:32:56,820 --> 00:32:55,059

point two percent of people said that

839

00:32:59,549 --> 00:32:56,830

was definitely real twenty was later

840

00:33:01,500 --> 00:32:59,559

that was definitely real yeah that

841

00:33:04,409 --> 00:33:01,510

that's absolutely true those are the

842

00:33:06,180 --> 00:33:04,419

group of people that encounter God and I

843

00:33:07,950 --> 00:33:06,190

think you and I and perhaps a lot of

844

00:33:09,120 --> 00:33:07,960

others would say well how sure are they

845

00:33:11,669 --> 00:33:09,130

are they sure their near-death

846

00:33:13,230 --> 00:33:11,679

experience was real with their

847

00:33:15,570 --> 00:33:13,240

near-death experience including an

848

00:33:18,269 --> 00:33:15,580

awareness or encounter with God how sure

849

00:33:20,820 --> 00:33:18,279

about that anyway amazingly and I asked

850

00:33:22,680 --> 00:33:20,830

that question directly what do you

851
00:33:25,440 --> 00:33:22,690
consider the reality of your experience

852
00:33:27,509 --> 00:33:25,450
at the current time ninety six point two

853
00:33:29,909 --> 00:33:27,519
percent of those who encountered God out

854
00:33:32,100 --> 00:33:29,919
of four different possibilities pick the

855
00:33:33,779 --> 00:33:32,110
highest level of certainty that saying

856
00:33:35,340 --> 00:33:33,789
they believed that their experienced

857
00:33:38,009 --> 00:33:35,350
their near-death experience was

858
00:33:39,899 --> 00:33:38,019
definitely real and compare that I mean

859
00:33:41,249 --> 00:33:39,909
if you and I'm sure this date is out

860
00:33:44,070 --> 00:33:41,259
there I don't have it on my fingertips

861
00:33:45,299 --> 00:33:44,080
but if you ask someone about a dream

862
00:33:47,249 --> 00:33:45,309
that they had even was a very

863
00:33:48,690 --> 00:33:47,259

significant treatment you said you know

864

00:33:50,310 --> 00:33:48,700

did you really have that dream or you

865

00:33:52,109 --> 00:33:50,320

just asked them about an experience they

866

00:33:53,759 --> 00:33:52,119

had in life I think any of us if you

867

00:33:56,849 --> 00:33:53,769

just ask me about some experience I had

868

00:33:59,759 --> 00:33:56,859

20 years ago there's many of them I

869

00:34:02,190 --> 00:33:59,769

would say I'm not kind of totally sure I

870

00:34:05,220 --> 00:34:02,200

mean let's put this in perspective in

871

00:34:07,200 --> 00:34:05,230

terms of the the how big of a percentage

872

00:34:09,059 --> 00:34:07,210

this is yeah I mean that's just an

873

00:34:11,789 --> 00:34:09,069

amazing percentage for somebody who has

874

00:34:13,859 --> 00:34:11,799

such an unearthly experience and

875

00:34:15,809 --> 00:34:13,869

encounters God as part of a profoundly

876

00:34:18,510 --> 00:34:15,819

unearthly experience unlike anything

877

00:34:19,980 --> 00:34:18,520

they've had in their life for 96.2

878

00:34:22,530 --> 00:34:19,990

people to come back and say it's

879

00:34:24,629 --> 00:34:22,540

definitely real is a profound message

880

00:34:27,599 --> 00:34:24,639

that really shows how confident they are

881

00:34:29,639 --> 00:34:27,609

that what they encountered was real and

882

00:34:31,460 --> 00:34:29,649

that's not surprising because you see

883

00:34:33,599 --> 00:34:31,470

huge changes in these people's lives

884

00:34:36,690 --> 00:34:33,609

people don't change their lives

885

00:34:38,579 --> 00:34:36,700

radically unless they have a very strong

886

00:34:40,589 --> 00:34:38,589

reason to change and for these

887

00:34:42,930 --> 00:34:40,599

near-death experiencers by the hundreds

888

00:34:44,639 --> 00:34:42,940

and actually in my research database by

889

00:34:46,799 --> 00:34:44,649

the thousands they've had their

890

00:34:48,780 --> 00:34:46,809

near-death experience virtually all of

891

00:34:51,329 --> 00:34:48,790

them know that it absolutely was real

892

00:34:54,000 --> 00:34:51,339

and of course not surprisingly they go

893

00:34:55,020 --> 00:34:54,010

on to make huge changes into response to

894

00:34:57,930 --> 00:34:55,030

what they learned during their

895

00:35:01,020 --> 00:34:57,940

near-death experience dr. long how has

896

00:35:03,150 --> 00:35:01,030

this research changed you you just

897

00:35:06,480 --> 00:35:03,160

talked about change you work at this

898

00:35:09,510 --> 00:35:06,490

tremendously hard your wife Jodi long

899

00:35:11,670 --> 00:35:09,520

who is an attorney highly qualified an

900

00:35:14,370 --> 00:35:11,680

author has written her own book she

901
00:35:17,069 --> 00:35:14,380
works along with you on this incredibly

902
00:35:20,700 --> 00:35:17,079
hard feel of the biggest website of its

903
00:35:23,130 --> 00:35:20,710
type in the world how has this research

904
00:35:25,349 --> 00:35:23,140
changed you personally it changed me

905
00:35:27,990 --> 00:35:25,359
substantially what I learned about God

906
00:35:28,510 --> 00:35:28,000
was in many ways significantly different

907
00:35:31,660 --> 00:35:28,520
from what

908
00:35:34,270 --> 00:35:31,670
I'd been taught to believe in God I grew

909
00:35:36,670 --> 00:35:34,280
up in a classic if you will Protestant

910
00:35:38,710 --> 00:35:36,680
Church and so what my research showed me

911
00:35:41,350 --> 00:35:38,720
was to by amazement different from what

912
00:35:43,450 --> 00:35:41,360
I would have believed I was going to

913
00:35:46,780 --> 00:35:43,460

find but again the evidence was so

914

00:35:49,420 --> 00:35:46,790

strong and we had such a big survey over

915

00:35:51,520 --> 00:35:49,430

time and in these the narratives when

916

00:35:53,800 --> 00:35:51,530

you when you read about what how people

917

00:35:56,170 --> 00:35:53,810

describe encountering God and some of

918

00:35:57,910 --> 00:35:56,180

these unearthly encounters they have a

919

00:36:00,010 --> 00:35:57,920

near-death experience it has been so

920

00:36:02,110 --> 00:36:00,020

profoundly touching to me that I've

921

00:36:04,840 --> 00:36:02,120

really changed I've embraced what the

922

00:36:07,540 --> 00:36:04,850

near-death experiencers have to say it's

923

00:36:08,980 --> 00:36:07,550

a much more positive view of God than

924

00:36:11,350 --> 00:36:08,990

I've ever had in my life and it has

925

00:36:13,720 --> 00:36:11,360

certainly changed me professionally I'm

926
00:36:15,730 --> 00:36:13,730
a more compassionate loving physician

927
00:36:17,380 --> 00:36:15,740
than I've ever been before in my life

928
00:36:20,080 --> 00:36:17,390
and that's made a huge difference in my

929
00:36:21,820 --> 00:36:20,090
practice in fact the leading survey of

930
00:36:24,250 --> 00:36:21,830
patient satisfaction is called Press

931
00:36:26,800 --> 00:36:24,260
Ganey for five straight quarters of a

932
00:36:29,110 --> 00:36:26,810
year my radiation therapy department has

933
00:36:31,450 --> 00:36:29,120
scored at the 99th percentile which is

934
00:36:33,040 --> 00:36:31,460
amazing and I'm almost certain of course

935
00:36:35,500 --> 00:36:33,050
a lot of that says a lot about these

936
00:36:38,050 --> 00:36:35,510
amazing people I work with but certainly

937
00:36:40,090 --> 00:36:38,060
you know I'm also having a part of that

938
00:36:41,740 --> 00:36:40,100

too and it's helped me to reach out to

939

00:36:43,810 --> 00:36:41,750

the staff I work with to the other

940

00:36:45,460 --> 00:36:43,820

doctors and certainly the patients that

941

00:36:48,190 --> 00:36:45,470

we serve in their battle with cancer

942

00:36:49,930 --> 00:36:48,200

with more courage more compassion and

943

00:36:52,060 --> 00:36:49,940

more love than it's ever been possible

944

00:36:53,800 --> 00:36:52,070

before and people appreciate that I

945

00:36:55,630 --> 00:36:53,810

think it's really helped people live

946

00:36:58,420 --> 00:36:55,640

their life and they or their battle with

947

00:37:00,880 --> 00:36:58,430

cancer better and it's it's really been

948

00:37:03,670 --> 00:37:00,890

interesting to see how I feel stronger

949

00:37:05,200 --> 00:37:03,680

more confident more loving about what I

950

00:37:07,810 --> 00:37:05,210

am as a doctor than I've ever been

951
00:37:09,610 --> 00:37:07,820
before because Jeff actually that's what

952
00:37:11,140 --> 00:37:09,620
I wanted to do in this next sections

953
00:37:15,420 --> 00:37:11,150
kind of talk about a couple of things

954
00:37:18,820 --> 00:37:15,430
that are maybe slightly outside the book

955
00:37:20,320 --> 00:37:18,830
specifically but I the first place I'd

956
00:37:22,270 --> 00:37:20,330
go is directly with this question that

957
00:37:24,450 --> 00:37:22,280
we've been talking about about the the

958
00:37:27,610 --> 00:37:24,460
hyper criticism that near-death

959
00:37:30,220 --> 00:37:27,620
experience science seems to draw in

960
00:37:32,440 --> 00:37:30,230
we've used the term skeptics you use the

961
00:37:34,810 --> 00:37:32,450
term skeptics I really like to avoid

962
00:37:37,660 --> 00:37:34,820
using that term because I think it gives

963
00:37:40,330 --> 00:37:37,670

people the wrong impression the

964

00:37:41,980 --> 00:37:40,340

objections that I see to near-death

965

00:37:44,710 --> 00:37:41,990

experience science are

966

00:37:46,990 --> 00:37:44,720

coming from mainstream science a lot of

967

00:37:48,070 --> 00:37:47,000

times they're coming from neuroscience a

968

00:37:50,680 --> 00:37:48,080

lot of times they're coming from

969

00:37:53,859 --> 00:37:50,690

philosophy but these are people that are

970

00:37:55,839 --> 00:37:53,869

not fringy skeptics a lot of them are

971

00:37:58,329 --> 00:37:55,849

very mainstream people like the guy I

972

00:37:59,859 --> 00:37:58,339

mentioned before at University of

973

00:38:02,200 --> 00:37:59,869

California the guys with the Templeton

974

00:38:06,700 --> 00:38:02,210

grant they're not fringy they look they

975

00:38:10,150 --> 00:38:06,710

fit right in so here's the question I

976

00:38:13,420 --> 00:38:10,160

guess cynical people if they're clever

977

00:38:15,150 --> 00:38:13,430

can turn any issue into a mud fight we

978

00:38:18,400 --> 00:38:15,160

see that every time we turn on the news

979

00:38:20,050 --> 00:38:18,410

science is no different in it muddies

980

00:38:25,450 --> 00:38:20,060

the water it makes it hard for people to

981

00:38:29,500 --> 00:38:25,460

understand why is science attacking this

982

00:38:31,480 --> 00:38:29,510

what is at stake for science with

983

00:38:34,599 --> 00:38:31,490

near-death experience research that

984

00:38:37,030 --> 00:38:34,609

they're so afraid of yeah I think the

985

00:38:39,460 --> 00:38:37,040

concept of near-death experiences that

986

00:38:42,670 --> 00:38:39,470

were much more than our physical brain

987

00:38:45,460 --> 00:38:42,680

that there really is a immaterial part

988

00:38:48,310 --> 00:38:45,470

of us that survives bodily death is so

989

00:38:50,890 --> 00:38:48,320

radically different from what mainstream

990

00:38:53,349 --> 00:38:50,900

science believes and it's taught for

991

00:38:55,810 --> 00:38:53,359

literally for centuries that I think

992

00:38:58,930 --> 00:38:55,820

near-death experience evidence is such a

993

00:39:01,510 --> 00:38:58,940

huge paradigm shift that it's unfamiliar

994

00:39:04,930 --> 00:39:01,520

certainly to a lot of scientists it is

995

00:39:06,640 --> 00:39:04,940

certainly disconcerting to them when it

996

00:39:08,200 --> 00:39:06,650

flies in the face of everything that

997

00:39:10,300 --> 00:39:08,210

they've ever believed or even taught in

998

00:39:12,790 --> 00:39:10,310

the classroom for years or decades and

999

00:39:14,620 --> 00:39:12,800

so I think that there's a lot of

1000

00:39:16,599 --> 00:39:14,630

scientists that in the mainstream that

1001
00:39:19,420 --> 00:39:16,609
will just simply instinctively assume

1002
00:39:21,430 --> 00:39:19,430
that it cannot be true and look only

1003
00:39:23,770 --> 00:39:21,440
seek out the evidence that will help

1004
00:39:26,950 --> 00:39:23,780
justify their beliefs I think when you

1005
00:39:29,140 --> 00:39:26,960
see the mainstream scientists push back

1006
00:39:30,880 --> 00:39:29,150
on near-death experience and and it

1007
00:39:32,980 --> 00:39:30,890
startling ly ignore some of the

1008
00:39:34,420 --> 00:39:32,990
profoundly strong evidence that

1009
00:39:36,460 --> 00:39:34,430
near-death experiences for real

1010
00:39:39,310 --> 00:39:36,470
certainly reminds me as a researcher you

1011
00:39:41,170 --> 00:39:39,320
know unlike those types of scientists we

1012
00:39:42,940 --> 00:39:41,180
have to be if anything more open-minded

1013
00:39:45,730 --> 00:39:42,950

than ever we have to carefully study

1014

00:39:47,680 --> 00:39:45,740

their arguments study the concerns about

1015

00:39:49,540 --> 00:39:47,690

the reality of near-death experience and

1016

00:39:51,400 --> 00:39:49,550

only after we've carefully considered

1017

00:39:53,160 --> 00:39:51,410

the alternative explanations if they've

1018

00:39:55,600 --> 00:39:53,170

been found to be wanting if they

1019

00:39:57,310 --> 00:39:55,610

alternative if you will skeptical

1020

00:39:59,830 --> 00:39:57,320

splen Asians don't explain near-death

1021

00:40:01,990 --> 00:39:59,840

experience then and only then do I go

1022

00:40:03,850 --> 00:40:02,000

confidently before the world and say

1023

00:40:06,100 --> 00:40:03,860

near-death experiences are real and I've

1024

00:40:07,900 --> 00:40:06,110

walked that journey I've looked over

1025

00:40:09,520 --> 00:40:07,910

every single argument against near-death

1026
00:40:11,710 --> 00:40:09,530
experience that I can find and by the

1027
00:40:13,300 --> 00:40:11,720
way there's over 20 of them over the

1028
00:40:15,940 --> 00:40:13,310
years and the seeming slavery year to

1029
00:40:17,560 --> 00:40:15,950
some new skeptical alternative

1030
00:40:19,660 --> 00:40:17,570
explanation of near-death experience

1031
00:40:21,370 --> 00:40:19,670
comes along and the reason that there's

1032
00:40:23,590 --> 00:40:21,380
that many of these alternative

1033
00:40:26,050 --> 00:40:23,600
explanations is very simple and that is

1034
00:40:27,910 --> 00:40:26,060
there's no one or several alternative

1035
00:40:30,550 --> 00:40:27,920
explanations of near-death experience

1036
00:40:33,970 --> 00:40:30,560
that makes sense even to mainstream

1037
00:40:38,080 --> 00:40:33,980
scientists yet we cannot overemphasize

1038
00:40:40,930 --> 00:40:38,090

the extent to which this conflicts with

1039

00:40:42,990 --> 00:40:40,940

the existing paradigm I mean we hear

1040

00:40:45,760 --> 00:40:43,000

about the hard problem of consciousness

1041

00:40:48,430 --> 00:40:45,770

this totally throws that out the window

1042

00:40:49,990 --> 00:40:48,440

hey take the easy problem of

1043

00:40:51,910 --> 00:40:50,000

consciousness what they say is the easy

1044

00:40:53,770 --> 00:40:51,920

problem of consciousness which is oh we

1045

00:40:56,680 --> 00:40:53,780

understand how vision works we

1046

00:40:59,290 --> 00:40:56,690

understand how hearing works really here

1047

00:41:01,900 --> 00:40:59,300

are people that don't have a brain don't

1048

00:41:04,780 --> 00:41:01,910

have a visual cortex don't have any

1049

00:41:07,150 --> 00:41:04,790

hearing eardrums and they're hearing

1050

00:41:10,270 --> 00:41:07,160

they're seeing I mean this is that we

1051
00:41:12,490 --> 00:41:10,280
cannot overemphasize what a huge

1052
00:41:15,040 --> 00:41:12,500
paradigm shift this is and yet sometimes

1053
00:41:16,690 --> 00:41:15,050
we do I think even near-death experience

1054
00:41:18,640 --> 00:41:16,700
researchers want to take their foot off

1055
00:41:20,710 --> 00:41:18,650
the gas pedal a little bit and kind of

1056
00:41:23,380 --> 00:41:20,720
pretend like oh this doesn't completely

1057
00:41:26,200 --> 00:41:23,390
overturn science but it does doesn't it

1058
00:41:28,270 --> 00:41:26,210
I think it really does I think when you

1059
00:41:30,940 --> 00:41:28,280
have the evidence that is so powerful

1060
00:41:32,680 --> 00:41:30,950
and by the way I've had a lot of people

1061
00:41:34,420 --> 00:41:32,690
share their near-death experiences that

1062
00:41:36,310 --> 00:41:34,430
were skeptical scientists at the time

1063
00:41:38,470 --> 00:41:36,320

they had their near-death experience and

1064

00:41:41,020 --> 00:41:38,480

I don't here to tell you a near-death

1065

00:41:43,240 --> 00:41:41,030

experience cures near-death experience

1066

00:41:44,830 --> 00:41:43,250

disbelief whether you're doctor

1067

00:41:46,870 --> 00:41:44,840

scientist whatever your prior belief

1068

00:41:49,540 --> 00:41:46,880

about near-death experience once you've

1069

00:41:52,690 --> 00:41:49,550

had one almost uniformly you know it's

1070

00:41:55,420 --> 00:41:52,700

real but you know it certainly is true

1071

00:41:57,070 --> 00:41:55,430

in mainstream science the you know to

1072

00:41:58,840 --> 00:41:57,080

have evidence like this is very

1073

00:42:01,320 --> 00:41:58,850

difficult I think the what I've seen

1074

00:42:03,580 --> 00:42:01,330

from mainstream scientists that are

1075

00:42:07,060 --> 00:42:03,590

attacking near-death experiences on our

1076
00:42:08,500 --> 00:42:07,070
in general they raise hypotheses brain

1077
00:42:10,630 --> 00:42:08,510
electrical activity brain

1078
00:42:13,240 --> 00:42:10,640
chemistry fragments of memory there's

1079
00:42:15,040 --> 00:42:13,250
all these hypotheses about why

1080
00:42:17,830 --> 00:42:15,050
near-death experiences could occur but

1081
00:42:19,390 --> 00:42:17,840
almost never will you find a person

1082
00:42:21,370 --> 00:42:19,400
who's attacking near-death experience

1083
00:42:22,810 --> 00:42:21,380
who does it at the level of the kind of

1084
00:42:24,940 --> 00:42:22,820
evidence we're talking about here

1085
00:42:27,370 --> 00:42:24,950
near-death experiences and those born

1086
00:42:29,320 --> 00:42:27,380
totally blind near-death experiences in

1087
00:42:31,810 --> 00:42:29,330
general anesthesia the strikingly

1088
00:42:33,880 --> 00:42:31,820

accurate out-of-body observations that

1089

00:42:36,160 --> 00:42:33,890

occur in near-death experiences even far

1090

00:42:38,530 --> 00:42:36,170

from the physical body and far outside

1091

00:42:40,410 --> 00:42:38,540

of any physical sensory awareness this

1092

00:42:42,490 --> 00:42:40,420

is a kind of evidence that makes

1093

00:42:44,560 --> 00:42:42,500

mainstream scientists attacking

1094

00:42:46,630 --> 00:42:44,570

near-death experience very uncomfortable

1095

00:42:49,780 --> 00:42:46,640

and in general you're not going to hear

1096

00:42:52,210 --> 00:42:49,790

them address it you know in Jeff it even

1097

00:42:55,630 --> 00:42:52,220

makes people uncomfortable who have

1098

00:42:58,870 --> 00:42:55,640

crossed over to the other side because

1099

00:43:01,510 --> 00:42:58,880

you're also suggesting a hierarchy of

1100

00:43:04,360 --> 00:43:01,520

consciousness so if I'm a philosopher

1101
00:43:06,760 --> 00:43:04,370
and I'm cutting edge consciousness guy

1102
00:43:09,400 --> 00:43:06,770
and I'm willing to say okay everything

1103
00:43:11,940 --> 00:43:09,410
is consciousness everything is quantum

1104
00:43:15,550 --> 00:43:11,950
mind everything I could possibly

1105
00:43:19,420 --> 00:43:15,560
experience emerges out of the same stuff

1106
00:43:23,410 --> 00:43:19,430
it's all consciousness hey you know what

1107
00:43:27,670 --> 00:43:23,420
you come along and your findings seem to

1108
00:43:30,370 --> 00:43:27,680
conflict with that to this idealism idea

1109
00:43:33,370 --> 00:43:30,380
because you're saying that you're

1110
00:43:36,220 --> 00:43:33,380
finding an order and a hierarchy to

1111
00:43:38,830 --> 00:43:36,230
consciousness here our dead relatives

1112
00:43:40,660 --> 00:43:38,840
who you know have been followed not only

1113
00:43:42,040 --> 00:43:40,670

did you know when you rely but they've

1114

00:43:43,870 --> 00:43:42,050

been following you and they can tell you

1115

00:43:46,420 --> 00:43:43,880

what's going on in your life here are

1116

00:43:48,580 --> 00:43:46,430

spirits and angels who say I am at this

1117

00:43:50,410 --> 00:43:48,590

level but there's other levels above me

1118

00:43:52,240 --> 00:43:50,420

and people even have a personal

1119

00:43:55,350 --> 00:43:52,250

experience with hey and then I met some

1120

00:43:58,300 --> 00:43:55,360

being and they were at a higher level

1121

00:44:01,510 --> 00:43:58,310

yeah what does this what does this say

1122

00:44:03,400 --> 00:44:01,520

about the hierarchy of consciousness in

1123

00:44:05,650 --> 00:44:03,410

what does that do to folks who just want

1124

00:44:08,740 --> 00:44:05,660

to have this kind of consciousness blob

1125

00:44:11,080 --> 00:44:08,750

out there yeah it's kind of interesting

1126
00:44:12,850 --> 00:44:11,090
a lot of near-death experience seems to

1127
00:44:15,370 --> 00:44:12,860
point to if you will a collective

1128
00:44:17,830 --> 00:44:15,380
consciousness at for example when you

1129
00:44:19,660 --> 00:44:17,840
have a life review sometimes you not

1130
00:44:22,540 --> 00:44:19,670
only are aware of your own prior life

1131
00:44:24,550 --> 00:44:22,550
but you may be aware of what the other

1132
00:44:27,070 --> 00:44:24,560
you interacted with felt like whether

1133
00:44:29,200 --> 00:44:27,080
for good or for ill and that certainly

1134
00:44:30,910 --> 00:44:29,210
is one of the many lines of that all

1135
00:44:33,040 --> 00:44:30,920
converge on the fact that there seems to

1136
00:44:35,680 --> 00:44:33,050
be if you will in this universe a kind

1137
00:44:37,630 --> 00:44:35,690
of a collective unified consciousness

1138
00:44:39,520 --> 00:44:37,640

and you're right there seems to be that

1139

00:44:41,380 --> 00:44:39,530

hierarchy in other words when you

1140

00:44:43,180 --> 00:44:41,390

encounter someone in the unearthly

1141

00:44:45,730 --> 00:44:43,190

realms of a near-death experience they

1142

00:44:48,550 --> 00:44:45,740

may talk about you know somebody who's

1143

00:44:50,710 --> 00:44:48,560

sort of a seemingly higher used in the

1144

00:44:53,110 --> 00:44:50,720

broadest term spiritual being or

1145

00:44:55,000 --> 00:44:53,120

certainly someone that they will go talk

1146

00:44:57,070 --> 00:44:55,010

to or get some insights or some wisdom

1147

00:44:58,960 --> 00:44:57,080

about dealing with a situation during

1148

00:45:01,090 --> 00:44:58,970

the near-death experience and of course

1149

00:45:03,580 --> 00:45:01,100

that ultimate supreme consciousness

1150

00:45:07,450 --> 00:45:03,590

being God no question there's that

1151

00:45:09,880 --> 00:45:07,460

hierarchy that kind of is very difficult

1152

00:45:11,590 --> 00:45:09,890

for mainstream science to handle and you

1153

00:45:14,140 --> 00:45:11,600

can understand that a sort of a hair I

1154

00:45:17,350 --> 00:45:14,150

mean gosh eh okay it's even it's even

1155

00:45:18,940 --> 00:45:17,360

difficult for frontier science to handle

1156

00:45:21,730 --> 00:45:18,950

I guess that's my point I mean you go

1157

00:45:23,590 --> 00:45:21,740

into the parapsychology community or you

1158

00:45:26,530 --> 00:45:23,600

go into people who are looking at

1159

00:45:28,230 --> 00:45:26,540

consciousness in general they can even

1160

00:45:30,250 --> 00:45:28,240

get to the point of dealing with

1161

00:45:31,840 --> 00:45:30,260

consciousness consciousness being

1162

00:45:33,640 --> 00:45:31,850

fundamental consciousness being

1163

00:45:35,470 --> 00:45:33,650

everything but when you start

1164

00:45:37,900 --> 00:45:35,480

introducing the idea that there might be

1165

00:45:38,380 --> 00:45:37,910

some order some structure some hierarchy

1166

00:45:42,070 --> 00:45:38,390

to it

1167

00:45:44,980 --> 00:45:42,080

they vapor up man it's like no don't

1168

00:45:47,110 --> 00:45:44,990

bring that into it yeah it's yet again

1169

00:45:48,940 --> 00:45:47,120

you know I'm not when I wouldn't we

1170

00:45:51,010 --> 00:45:48,950

talked about this and and and our

1171

00:45:53,050 --> 00:45:51,020

hierarchy of consciousness this shoot

1172

00:45:54,880 --> 00:45:53,060

this isn't something that that is

1173

00:45:56,710 --> 00:45:54,890

speculation this isn't something we're

1174

00:45:59,110 --> 00:45:56,720

doing that's wishful thinking this is

1175

00:46:00,820 --> 00:45:59,120

based on evidence that being very

1176

00:46:02,740 --> 00:46:00,830

consistently observed many many

1177

00:46:05,440 --> 00:46:02,750

observations you're back to that

1178

00:46:07,330 --> 00:46:05,450

fundamental scientific principle if it's

1179

00:46:08,920 --> 00:46:07,340

real it's going to be consistently

1180

00:46:10,450 --> 00:46:08,930

observed and that's exactly what we're

1181

00:46:12,850 --> 00:46:10,460

seeing here sort of that hierarchy of

1182

00:46:16,630 --> 00:46:12,860

consciousness consistently observed in a

1183

00:46:20,260 --> 00:46:16,640

vast number of near-death experiences so

1184

00:46:23,980 --> 00:46:20,270

Jeff on skeptic oh I've tried to explore

1185

00:46:26,740 --> 00:46:23,990

a lot of these alternative ideas about

1186

00:46:28,750 --> 00:46:26,750

consciousness with the best data that we

1187

00:46:31,690 --> 00:46:28,760

have some near-death experience being

1188

00:46:33,340 --> 00:46:31,700

one of those kind of Altair alternative

1189

00:46:35,080 --> 00:46:33,350

experiences that make us think

1190

00:46:35,650 --> 00:46:35,090

differently about consciousness but

1191

00:46:38,980 --> 00:46:35,660

there will

1192

00:46:41,620 --> 00:46:38,990

a very smart forward-thinking people who

1193

00:46:44,020 --> 00:46:41,630

are starting to try and connect the dots

1194

00:46:45,970 --> 00:46:44,030

with regard to these extended

1195

00:46:47,440 --> 00:46:45,980

consciousness experiences so they're

1196

00:46:49,870 --> 00:46:47,450

willing to say ok yes it looks like

1197

00:46:51,820 --> 00:46:49,880

near-death experiences are real but it

1198

00:46:53,880 --> 00:46:51,830

also looks like these other forms of

1199

00:46:57,250 --> 00:46:53,890

after-death communication are real

1200

00:46:59,050 --> 00:46:57,260

mediums past lives hey maybe that seems

1201
00:47:01,300 --> 00:46:59,060
to be real the best way we can push to

1202
00:47:03,490 --> 00:47:01,310
it but the best way we can push forward

1203
00:47:05,500 --> 00:47:03,500
that research they also want to look at

1204
00:47:07,930 --> 00:47:05,510
psychedelic experiences and shamanic

1205
00:47:09,970 --> 00:47:07,940
experience and say hey there seems to be

1206
00:47:12,460 --> 00:47:09,980
a reality to that the best way we can

1207
00:47:15,700 --> 00:47:12,470
poke into it and maybe even we should

1208
00:47:17,530 --> 00:47:15,710
take seriously alien contact experiences

1209
00:47:20,770 --> 00:47:17,540
because when we start looking at let

1210
00:47:23,710 --> 00:47:20,780
them as best we can and some very smart

1211
00:47:26,320 --> 00:47:23,720
people like Harvard psychologist and

1212
00:47:28,600 --> 00:47:26,330
psychiatrist John Mack have looked at it

1213
00:47:30,730 --> 00:47:28,610

and said you know what they seem to be

1214

00:47:32,380 --> 00:47:30,740

real I know what delusional people are

1215

00:47:35,860 --> 00:47:32,390

these people don't seem to be delusional

1216

00:47:38,230 --> 00:47:35,870

they're also reaching this extended

1217

00:47:41,020 --> 00:47:38,240

consciousness realm but here's the

1218

00:47:44,260 --> 00:47:41,030

question and here's the issue I returned

1219

00:47:47,350 --> 00:47:44,270

then to your findings and I find

1220

00:47:49,570 --> 00:47:47,360

something different when I look at the

1221

00:47:52,240 --> 00:47:49,580

near-death experiences I see some

1222

00:47:56,410 --> 00:47:52,250

similarities but I also see some

1223

00:47:59,320 --> 00:47:56,420

differences the question is what do you

1224

00:48:02,490 --> 00:47:59,330

think near-death experience science can

1225

00:48:05,080 --> 00:48:02,500

offer us as a way of looking at in

1226

00:48:09,760 --> 00:48:05,090

understanding these extended

1227

00:48:12,400 --> 00:48:09,770

consciousness realities yeah I think to

1228

00:48:14,320 --> 00:48:12,410

most direct response to your question

1229

00:48:16,750 --> 00:48:14,330

would be what one near-death experience

1230

00:48:19,390 --> 00:48:16,760

our shared she was in these unearthly

1231

00:48:21,880 --> 00:48:19,400

call a heavenly afterlife during your

1232

00:48:24,730 --> 00:48:21,890

near-death experience overwhelming

1233

00:48:26,770 --> 00:48:24,740

feelings of love and peace and here in

1234

00:48:28,690 --> 00:48:26,780

this near-death experience was God and

1235

00:48:31,240 --> 00:48:28,700

for the first time this near-death

1236

00:48:33,850 --> 00:48:31,250

experiencer in a near-death experience

1237

00:48:35,860 --> 00:48:33,860

asked God directly why me why was I

1238

00:48:37,720 --> 00:48:35,870

allowed to have this happen to me that

1239

00:48:39,130 --> 00:48:37,730

being this incredibly beautiful

1240

00:48:41,440 --> 00:48:39,140

near-death experience

1241

00:48:43,540 --> 00:48:41,450

I think God's answer was very meaningful

1242

00:48:45,640 --> 00:48:43,550

directly relevant to this question God

1243

00:48:49,360 --> 00:48:45,650

answered that near-death experimenter

1244

00:48:51,700 --> 00:48:49,370

love falls on everyone equally

1245

00:48:54,640 --> 00:48:51,710

this is what you needed to live your

1246

00:48:56,470 --> 00:48:54,650

earthly life so I think as you start

1247

00:48:58,690 --> 00:48:56,480

thinking about consciousness you need to

1248

00:49:00,250 --> 00:48:58,700

be aware that there's sort of a supreme

1249

00:49:02,890 --> 00:49:00,260

consciousness there's an order and a

1250

00:49:05,230 --> 00:49:02,900

purpose in the universe I think it's

1251
00:49:06,820 --> 00:49:05,240
certainly here on earth is probably once

1252
00:49:08,590 --> 00:49:06,830
some of the lower level of these the

1253
00:49:11,320 --> 00:49:08,600
consciousness and alertness we encounter

1254
00:49:12,850 --> 00:49:11,330
a near-death experience is off the scale

1255
00:49:14,200 --> 00:49:12,860
terms of what we're aware of under

1256
00:49:16,570 --> 00:49:14,210
earthly lives you could have a life

1257
00:49:18,730 --> 00:49:16,580
review in a near-death experience and

1258
00:49:20,140 --> 00:49:18,740
encounter decades of your prior life and

1259
00:49:22,720 --> 00:49:20,150
what would literally be less than a

1260
00:49:24,850 --> 00:49:22,730
minute seeming of time in a near-death

1261
00:49:26,500 --> 00:49:24,860
experience so I think as you study

1262
00:49:29,040 --> 00:49:26,510
near-death experiences you have that

1263
00:49:31,270 --> 00:49:29,050

rather exciting and rather startling

1264

00:49:34,030 --> 00:49:31,280

awareness that there's that frontier out

1265

00:49:36,040 --> 00:49:34,040

there consciousness sort of a unified

1266

00:49:38,470 --> 00:49:36,050

consciousness and order and purpose in

1267

00:49:40,090 --> 00:49:38,480

the universe and a purpose of you know

1268

00:49:42,580 --> 00:49:40,100

that's that's led to us being here in

1269

00:49:44,650 --> 00:49:42,590

our earthly life that that is I think

1270

00:49:46,840 --> 00:49:44,660

it's been amazing to me as I've done the

1271

00:49:49,120 --> 00:49:46,850

research and found that and certainly

1272

00:49:50,710 --> 00:49:49,130

amazing to people that have have read my

1273

00:49:53,020 --> 00:49:50,720

book and have studied this in their own

1274

00:49:54,790 --> 00:49:53,030

way and hopefully we're right at the

1275

00:49:56,290 --> 00:49:54,800

frontier where more and more people are

1276

00:49:58,150 --> 00:49:56,300

going to learn about this with further

1277

00:49:59,650 --> 00:49:58,160

research so I think that kind of

1278

00:50:01,600 --> 00:49:59,660

knowledge could change the world

1279

00:50:03,490 --> 00:50:01,610

let me approach it from a slightly

1280

00:50:05,440 --> 00:50:03,500

different direction you know a couple

1281

00:50:07,960 --> 00:50:05,450

years ago I interviewed dr. Rick

1282

00:50:11,470 --> 00:50:07,970

Strassman from the University of New

1283

00:50:12,880 --> 00:50:11,480

Mexico the only researcher in the United

1284

00:50:15,520 --> 00:50:12,890

States in the last I don't know how many

1285

00:50:17,850 --> 00:50:15,530

years has been granted the right to use

1286

00:50:21,160 --> 00:50:17,860

the very powerful hallucinogen

1287

00:50:25,030 --> 00:50:21,170

hallucinogenic drug DMT on patients and

1288

00:50:27,720 --> 00:50:25,040

to study the results what he experienced

1289

00:50:31,540 --> 00:50:27,730

with his patients to his great surprise

1290

00:50:34,560 --> 00:50:31,550

was people reaching these extended

1291

00:50:38,760 --> 00:50:34,570

consciousness realms that in many ways

1292

00:50:43,060 --> 00:50:38,770

sound similar to the kind of realms that

1293

00:50:45,160 --> 00:50:43,070

indie ears are experiencing the beings

1294

00:50:47,860 --> 00:50:45,170

sound different some of the message

1295

00:50:51,790 --> 00:50:47,870

sounds different connection and love but

1296

00:50:54,490 --> 00:50:51,800

they're also differences do you think

1297

00:50:58,090 --> 00:50:54,500

near-death experience gives us a

1298

00:51:01,750 --> 00:50:58,100

different view vantage point with which

1299

00:51:03,220 --> 00:51:01,760

to understand these extended

1300

00:51:06,010 --> 00:51:03,230

consciousness realms

1301
00:51:07,690 --> 00:51:06,020
you know with regard to pharmacologic

1302
00:51:10,000 --> 00:51:07,700
induction of experiences that are

1303
00:51:11,470 --> 00:51:10,010
analogous to near-death experiences one

1304
00:51:13,960 --> 00:51:11,480
of the first things I'd point out is

1305
00:51:15,640 --> 00:51:13,970
there must be hundreds of thousands of

1306
00:51:18,280 --> 00:51:15,650
different chemicals and drugs that have

1307
00:51:20,080 --> 00:51:18,290
been synthesized over the decades and to

1308
00:51:22,390 --> 00:51:20,090
find one or two that seemed to have

1309
00:51:24,010 --> 00:51:22,400
effects on the brain that produce

1310
00:51:25,750 --> 00:51:24,020
experiences like the near-death

1311
00:51:27,960 --> 00:51:25,760
experience is not hugely surprising

1312
00:51:30,370 --> 00:51:27,970
given the vast number of what we call

1313
00:51:32,710 --> 00:51:30,380

psychotropic or brain acting drugs that

1314

00:51:36,070 --> 00:51:32,720

are out there I've talked to someone

1315

00:51:38,980 --> 00:51:36,080

who's been researched investigated that

1316

00:51:40,270 --> 00:51:38,990

for literally decades and and and has

1317

00:51:42,370 --> 00:51:40,280

actually had a lot of personal

1318

00:51:44,230 --> 00:51:42,380

experience with the psychotropic drugs

1319

00:51:46,240 --> 00:51:44,240

and their personal opinion was there's

1320

00:51:48,940 --> 00:51:46,250

nothing like a near-death experience now

1321

00:51:50,260 --> 00:51:48,950

some of the modern research DMT for dr.

1322

00:51:53,290 --> 00:51:50,270

Strassmann and actually there's also

1323

00:51:55,150 --> 00:51:53,300

some work with psilocybin going on where

1324

00:51:57,400 --> 00:51:55,160

they find some very similar kind of

1325

00:51:59,590 --> 00:51:57,410

things it's interesting I think there's

1326
00:52:01,840 --> 00:51:59,600
some overlap but only an overlap up to a

1327
00:52:03,570 --> 00:52:01,850
point there may be intensely positive

1328
00:52:06,750 --> 00:52:03,580
feelings you know not a huge surprise

1329
00:52:09,250 --> 00:52:06,760
elicit and an investigational

1330
00:52:11,680 --> 00:52:09,260
psychotropic drug isn't it also true

1331
00:52:14,950 --> 00:52:11,690
that some of the most recent research

1332
00:52:18,700 --> 00:52:14,960
that probes that further finds that the

1333
00:52:21,250 --> 00:52:18,710
brain is actually less active during

1334
00:52:24,730 --> 00:52:21,260
some of these psychedelic experiences

1335
00:52:25,990 --> 00:52:24,740
which would suggest that in a way that

1336
00:52:28,120 --> 00:52:26,000
there's some similarity with the

1337
00:52:30,010 --> 00:52:28,130
near-death experience in that it's not

1338
00:52:32,230 --> 00:52:30,020

just a brain thing

1339

00:52:35,200 --> 00:52:32,240

there is some kind of extended

1340

00:52:37,180 --> 00:52:35,210

consciousness realm and the overlap that

1341

00:52:40,710 --> 00:52:37,190

I guess is the part that I'm pushing

1342

00:52:43,810 --> 00:52:40,720

towards I don't want you to speculate on

1343

00:52:47,440 --> 00:52:43,820

what that overlap is or the extent to

1344

00:52:49,570 --> 00:52:47,450

which it is or a reality or not but I

1345

00:52:51,670 --> 00:52:49,580

guess what I'm really wanting to probe

1346

00:52:55,870 --> 00:52:51,680

with you because you're in such a unique

1347

00:52:59,470 --> 00:52:55,880

position is does the NDA research give

1348

00:53:01,890 --> 00:52:59,480

us a platform if you will from which we

1349

00:53:04,359 --> 00:53:01,900

might understand not only the NDE

1350

00:53:07,690 --> 00:53:04,369

experience but some of these other

1351
00:53:09,880 --> 00:53:07,700
extended experiences too and what are

1352
00:53:12,070 --> 00:53:09,890
the limits or problems associated with

1353
00:53:14,170 --> 00:53:12,080
that yeah I think that's a good point I

1354
00:53:16,570 --> 00:53:14,180
encourage any kind of research that

1355
00:53:18,490 --> 00:53:16,580
starts to look at the fundamental quest

1356
00:53:20,800 --> 00:53:18,500
it's about consciousness we ought to be

1357
00:53:23,200 --> 00:53:20,810
having a lot more research into DMT

1358
00:53:25,510 --> 00:53:23,210
psilocybin and other psychotropic drugs

1359
00:53:28,000 --> 00:53:25,520
and we do now because it is exciting

1360
00:53:29,800 --> 00:53:28,010
there is some question about the overlap

1361
00:53:31,510 --> 00:53:29,810
and near-death experience and you know

1362
00:53:33,220 --> 00:53:31,520
and maybe maybe not

1363
00:53:35,290 --> 00:53:33,230

we're only going to answer that if we do

1364

00:53:36,880 --> 00:53:35,300

more research we need more investigation

1365

00:53:38,710 --> 00:53:36,890

we need to really compare those

1366

00:53:41,440 --> 00:53:38,720

experiences head-to-head why don't we

1367

00:53:44,080 --> 00:53:41,450

have ideally a group of people who have

1368

00:53:46,030 --> 00:53:44,090

had a detailed near-death experience try

1369

00:53:47,800 --> 00:53:46,040

some of these psychoactive drugs and

1370

00:53:50,380 --> 00:53:47,810

compare and contrast the experience so

1371

00:53:52,330 --> 00:53:50,390

even basic research like that so that

1372

00:53:54,130 --> 00:53:52,340

you would be able to have people through

1373

00:53:56,200 --> 00:53:54,140

firsthand experiences compare and

1374

00:53:58,210 --> 00:53:56,210

contrast hasn't been done yet but I

1375

00:53:59,710 --> 00:53:58,220

think the more we do that kind of

1376

00:54:01,570 --> 00:53:59,720

research the more we do that

1377

00:54:03,490 --> 00:54:01,580

courageously and open-mindedly

1378

00:54:05,800 --> 00:54:03,500

I think we're going to continue to push

1379

00:54:07,690 --> 00:54:05,810

that envelope and learn more and more

1380

00:54:11,770 --> 00:54:07,700

about consciousness and to me that's

1381

00:54:14,890 --> 00:54:11,780

exciting one of the things that's really

1382

00:54:17,830 --> 00:54:14,900

exciting about your work dr. long is

1383

00:54:21,520 --> 00:54:17,840

that it is essentially an open source

1384

00:54:24,880 --> 00:54:21,530

science effort in a lot of ways anyone

1385

00:54:28,090 --> 00:54:24,890

can go on the website and review like I

1386

00:54:30,460 --> 00:54:28,100

have just scores and scores of these

1387

00:54:32,140 --> 00:54:30,470

accounts and in addition to the the

1388

00:54:34,270 --> 00:54:32,150

research that you've published in your

1389

00:54:37,840 --> 00:54:34,280

book they can gain benefit about that

1390

00:54:40,510 --> 00:54:37,850

from that what do you think there is

1391

00:54:42,970 --> 00:54:40,520

about that trend about that open source

1392

00:54:45,160 --> 00:54:42,980

science trend that I think people really

1393

00:54:47,440 --> 00:54:45,170

are so attracted to and do you think

1394

00:54:49,450 --> 00:54:47,450

that could be a trend a broader trend

1395

00:54:51,130 --> 00:54:49,460

that we might see in the future you know

1396

00:54:53,680 --> 00:54:51,140

I sure hope so that's one of the real

1397

00:54:56,020 --> 00:54:53,690

strengths of my research is that anybody

1398

00:54:57,700 --> 00:54:56,030

on the world can look up those

1399

00:54:59,830 --> 00:54:57,710

near-death experience accounts that I

1400

00:55:02,140 --> 00:54:59,840

reference in my research and read the

1401
00:55:04,870 --> 00:55:02,150
entirety of the account and find out for

1402
00:55:06,790 --> 00:55:04,880
themselves exactly not only what was

1403
00:55:09,220 --> 00:55:06,800
shared and what I quote in my research

1404
00:55:11,200 --> 00:55:09,230
but also the entire context of the

1405
00:55:13,270 --> 00:55:11,210
experience what occurred before during

1406
00:55:15,370 --> 00:55:13,280
and after that so I think the open

1407
00:55:17,470 --> 00:55:15,380
source research really is important for

1408
00:55:20,260 --> 00:55:17,480
a couple reasons one its transparency

1409
00:55:22,300 --> 00:55:20,270
we're making incredible claims shared

1410
00:55:24,190 --> 00:55:22,310
consciousness God meaning and purpose of

1411
00:55:26,980 --> 00:55:24,200
our earthly life the importance of love

1412
00:55:28,930 --> 00:55:26,990
in a way we never thought about it

1413
00:55:29,950 --> 00:55:28,940

before so I think transparency is

1414

00:55:31,780 --> 00:55:29,960

important

1415

00:55:33,790 --> 00:55:31,790

that people can say hey here's that

1416

00:55:35,680 --> 00:55:33,800

chain of evidence all the way down to

1417

00:55:38,140 --> 00:55:35,690

reading the original count we can follow

1418

00:55:39,940 --> 00:55:38,150

it it's it's transparency of research

1419

00:55:41,980 --> 00:55:39,950

that is heretofore been almost

1420

00:55:43,870 --> 00:55:41,990

impossible to find but I think the

1421

00:55:45,790 --> 00:55:43,880

second thing that that kind of ability

1422

00:55:48,040 --> 00:55:45,800

to look up the original NDE accounts

1423

00:55:49,960 --> 00:55:48,050

that accomplishes is it helps the

1424

00:55:51,970 --> 00:55:49,970

credibility again these are remarkable

1425

00:55:54,370 --> 00:55:51,980

claims there's life after death there's

1426

00:55:56,740 --> 00:55:54,380

a blissful afterlife for all of us so to

1427

00:55:58,660 --> 00:55:56,750

have people go to those original sources

1428

00:56:01,420 --> 00:55:58,670

of evidence that being the near-death

1429

00:56:03,640 --> 00:56:01,430

experiences read it themselves I think

1430

00:56:05,950 --> 00:56:03,650

it's really helping people all around

1431

00:56:08,020 --> 00:56:05,960

the world that that go through that path

1432

00:56:10,120 --> 00:56:08,030

take that journey spend the time to read

1433

00:56:12,190 --> 00:56:10,130

the near-death experiences that are

1434

00:56:13,960 --> 00:56:12,200

really coming to learn supplementing

1435

00:56:16,030 --> 00:56:13,970

what we've learned is near-death

1436

00:56:18,220 --> 00:56:16,040

experience researchers that near-death

1437

00:56:19,780 --> 00:56:18,230

experiences are real you can easily see

1438

00:56:21,579 --> 00:56:19,790

these patterns that we've been talking

1439

00:56:23,530 --> 00:56:21,589

about and I think it's really helping

1440

00:56:25,599 --> 00:56:23,540

people understand not only that

1441

00:56:27,760 --> 00:56:25,609

near-death experiences are real but they

1442

00:56:30,040 --> 00:56:27,770

do have these profound important

1443

00:56:32,109 --> 00:56:30,050

messages that touch not only the lives

1444

00:56:33,579 --> 00:56:32,119

of near-death experiencers but I think

1445

00:56:35,530 --> 00:56:33,589

you take that little piece of heaven

1446

00:56:37,150 --> 00:56:35,540

back with you when you read a lot of

1447

00:56:39,160 --> 00:56:37,160

near-death experience accounts and it

1448

00:56:40,870 --> 00:56:39,170

could certainly change lives even if

1449

00:56:44,170 --> 00:56:40,880

you've never even had a personal

1450

00:56:47,050 --> 00:56:44,180

near-death experience well these are two

1451
00:56:48,970 --> 00:56:47,060
of the most important books that anyone

1452
00:56:51,310 --> 00:56:48,980
could read if they're interested in this

1453
00:56:53,230 --> 00:56:51,320
near-death experience topic maybe

1454
00:56:55,180 --> 00:56:53,240
they're probably on the list of the most

1455
00:56:57,849 --> 00:56:55,190
important books you could read period

1456
00:56:59,770 --> 00:56:57,859
evidence of the afterlife the science of

1457
00:57:02,800 --> 00:56:59,780
near-death experiences was your first

1458
00:57:05,950 --> 00:57:02,810
book the new book God in the afterlife

1459
00:57:08,950 --> 00:57:05,960
both from dr. Jeffrey Lanka flip who

1460
00:57:11,290 --> 00:57:08,960
we've been talking with today dr. long

1461
00:57:13,839 --> 00:57:11,300
what's next what do you I'm sure you're

1462
00:57:15,760 --> 00:57:13,849
going to be doing a full-bore effort on

1463
00:57:16,870 --> 00:57:15,770

getting God in the afterlife out there

1464

00:57:18,310 --> 00:57:16,880

you've already mentioned some of the

1465

00:57:20,710 --> 00:57:18,320

things you're doing what are you doing

1466

00:57:23,380 --> 00:57:20,720

with the book and then what comes next

1467

00:57:26,349 --> 00:57:23,390

after this you know I think a lot of

1468

00:57:28,089 --> 00:57:26,359

that is where my interest is you know

1469

00:57:31,270 --> 00:57:28,099

what the public what the world wants to

1470

00:57:33,940 --> 00:57:31,280

hear about I'm open I mean with 4,000

1471

00:57:36,010 --> 00:57:33,950

near-death experiences in my database we

1472

00:57:38,260 --> 00:57:36,020

could go back and look at research about

1473

00:57:39,520 --> 00:57:38,270

the reality of near-death experience we

1474

00:57:42,460 --> 00:57:39,530

could look go back and look at those

1475

00:57:43,020 --> 00:57:42,470

deeper spiritual messages which I'm kind

1476

00:57:44,130 --> 00:57:43,030

of inclined

1477

00:57:45,630 --> 00:57:44,140

to do at this point in time because

1478

00:57:47,070 --> 00:57:45,640

that's so new and exciting to me and

1479

00:57:49,410 --> 00:57:47,080

people seem to love it whenever they

1480

00:57:51,810 --> 00:57:49,420

hear about it you know or we could even

1481

00:57:53,580 --> 00:57:51,820

study other types of experiences I have

1482

00:57:55,560 --> 00:57:53,590

a whole website devoted to after deaf

1483

00:57:57,270 --> 00:57:55,570

communication out-of-body experiences

1484

00:57:59,520 --> 00:57:57,280

these things we call spiritually

1485

00:58:01,290 --> 00:57:59,530

transformative events so I've got a

1486

00:58:03,180 --> 00:58:01,300

whole host of different options that I

1487

00:58:05,850 --> 00:58:03,190

could pick from it's kind of tough but I

1488

00:58:08,310 --> 00:58:05,860

think wherever my interest aligned with

1489

00:58:09,870 --> 00:58:08,320

the interests of the world once that